



## Food Assistance Resource Guide

*Compiled by Community Resource Center at Northeast Arc*

This guide provides comprehensive information about food assistance resources available in the DDS Northeast Region. Resources are organized by city/town to help you quickly find services in your local area.

**Note that many of these resources serve multiple towns. Residency restrictions are noted where applicable. Contacting resources directly is recommended to ensure information is accurate and resources are available.**

### How to Use This Guide

- Resources are grouped by city/town in alphabetical order
- On the Table of Contents, you can click on the city/town you would like resources for
- Each listing includes contact information, hours, location, and service details
- Click on website links for the most current information
- Contact resources directly to confirm availability and eligibility
- Regional resources (not tied to a specific town) are listed first

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# COMMUNITY RESOURCE CENTER

Northeast Arc's Community Resource Center connects individuals and families with valuable resources and events in their local communities. By providing access to these resources, the Community Resource Center empowers families and individuals to actively participate in community life, creating a sense of belonging and inclusion.

## DDS Northeast Region Community Resource Specialists

Scan the QR code to sign up to receive event newsletters from the Community Resource Specialist in your DDS Office Area.

### North Shore

**Kerry Neenan**  
kneenan@ne-arc.org



### Metro North

**Merrie Rothstein**  
mrothstein@ne-arc.org



### Merrimack Valley

**Christopher Marchese**  
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### Lowell

**Holly Keane**  
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### Central Middlesex

**Amie Richards**  
arichards@ne-arc.org



Looking for Community Events? Visit  
 [ecomunityconnections.org](https://ecomunityconnections.org)

## Resources

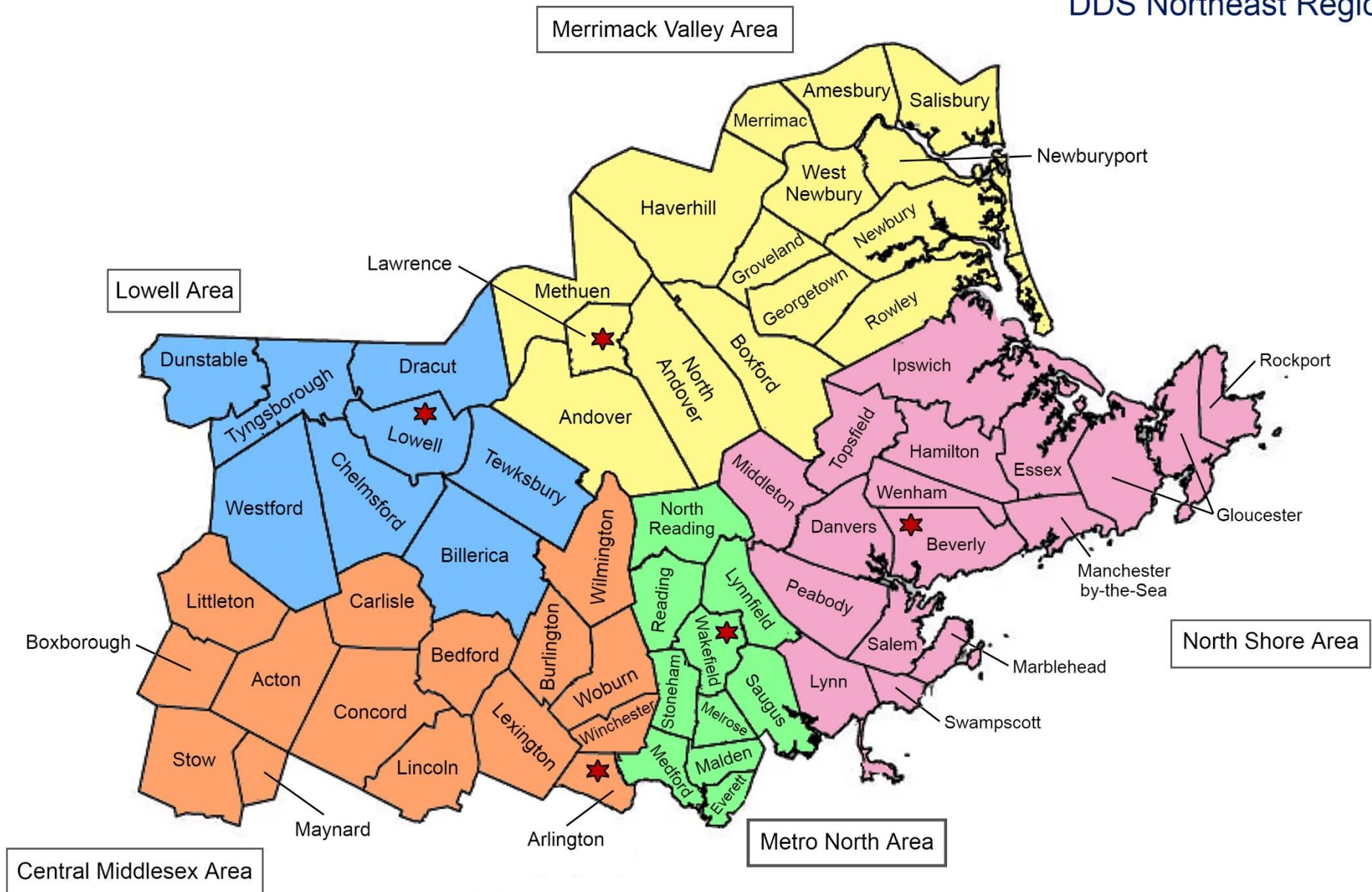
- Community Events
- Recreational Activities
- Support Groups
- Educational Workshops
- Social Opportunities
- Special Olympic Events

## Contact Us

Matthew Ataya  
Director of Community  
Resource Center

✉ [mataya@ne-arc.org](mailto:mataya@ne-arc.org)

## DDS Northeast Region



## Regional Resources

Backpack Food Program	
Type	Food Pantry at Acton and Boxborough schools
Hours	School Hours
Location	School Addresses
Contact	Contact school principals or Email: <a href="mailto:rreddy@abschools.org">rreddy@abschools.org</a>
Website	<a href="https://sites.google.com/abuw.org/resources/food-security">https://sites.google.com/abuw.org/resources/food-security</a> <a href="https://drive.google.com/file/d/1Z2HJ4620y10NtEv-4juvQX_UWkYFeV3/view">https://drive.google.com/file/d/1Z2HJ4620y10NtEv-4juvQX_UWkYFeV3/view</a>
Serves	Acton, Boxborough
Notes	The Backpack Food Program is available to all Acton-Boxborough students. For elementary students, please fill out and return the form.

DoorDash: Project DASH	
Type	Food delivery service
Hours	24/7
Location	State-wide at partnering locations
Contact	<a href="mailto:projectdash@doordash.com">projectdash@doordash.com</a>
Website	<a href="https://about.doordash.com/en-us/impact/project-dash">https://about.doordash.com/en-us/impact/project-dash</a>
Serves	Hannaford, Stop & Shop, Wegmans, Dollar General, Project Bread
Notes	Contact for full details

Flashfood App	
Type	Food rescue
Website	<a href="https://flashfood.com/">https://flashfood.com/</a>

GoPuff	
Type	Food and Drink Delivery Platform



GoPuff	
Hours	24/7
Location	Boston
Contact	<a href="https://help.gopuff.com/categories/customer-support/65f86c95e2c6870cf99488d7">https://help.gopuff.com/categories/customer-support/65f86c95e2c6870cf99488d7</a>
Website	<a href="https://www.gopuff.com/newsroom/community-impact/gopuff-donating-up-to-10-million-in-free-groceries-to-snap-recipients-as-families-nationwide-prepare-for-potential-lapse-in-benefits">https://www.gopuff.com/newsroom/community-impact/gopuff-donating-up-to-10-million-in-free-groceries-to-snap-recipients-as-families-nationwide-prepare-for-potential-lapse-in-benefits</a>
Serves	Check local availability at <a href="https://gopuff.com">gopuff.com</a>
Notes	SNAP EBT accepted or related services. Contact for full details

Greater Boston Food Bank	
Website	<a href="https://www.gbfb.org/">https://www.gbfb.org/</a>
Notes	The Greater Boston Food Bank (GBFB) partners with more than 600 hunger-relief agencies, including food pantries, community meal programs and other food assistance providers throughout the nine counties and 190 towns and cities across Eastern Massachusetts.

Greater Boston Food Bank Resource Search	
Type	Resource Line
Hours	24/7
Website	<a href="https://www.gbfb.org/need-food/">https://www.gbfb.org/need-food/</a>
Notes	If you or someone you know needs food, enter your ZIP code in the Agency Partner Locator below to find available food assistance options in the community

Lasagna Love	
Type	Prepared Meal Delivery
Hours	Once per month
Location	Volunteer-based
Website	<a href="https://lasagnalove.org/">https://lasagnalove.org/</a>

## Lasagna Love

<b>Serves</b>	State-wide based on volunteer availability
<b>Notes</b>	Monthly service. Contact for full details

## MA Healthy Incentives Program

<b>Type</b>	Resource Line
<b>Hours</b>	Monday-Friday 8 AM - 7 PM, Saturday 10 AM - 2 PM
<b>Contact</b>	800-645-8333
<b>Website</b>	<a href="https://www.mass.gov/info-details/massachusetts-healthy-incentives-program-hip-frequently-asked-questions">https://www.mass.gov/info-details/massachusetts-healthy-incentives-program-hip-frequently-asked-questions</a>
<b>Notes</b>	SNAP EBT accepted or related services

## Meals on Wheels MA

<b>Type</b>	Agency
<b>Location</b>	300 Rosewood Drive, Suite 30, Danvers
<b>Contact</b>	978-624-2225
<b>Website</b>	<a href="https://www.massmealsonwheels.org/">https://www.massmealsonwheels.org/</a>
<b>Serves</b>	State-wide
<b>Notes</b>	Meals may be free, have a suggested donation or be paid for on a sliding scale, based on your location, income and need

## Project Bread Food Source Hotline

<b>Type</b>	Resource Line
<b>Hours</b>	Monday-Friday 8 AM - 7 PM, Saturday 10 AM - 2 PM
<b>Contact</b>	800 - 645 - 8333
<b>Website</b>	<a href="https://projectbread.org/get-help">https://projectbread.org/get-help</a>
<b>Notes</b>	Call or text Project Bread's Food Source Hotline to receive information about food resources in their area or talk with a Project Bread counselor Assistance is available in 180 languages



Too Good to Go App	
<b>Type</b>	Food rescue
<b>Website</b>	<a href="https://www.toogoodtogo.com/en-us">https://www.toogoodtogo.com/en-us</a>
<b>Notes</b>	Our app is the world's largest marketplace for surplus food. We help users rescue good food from going to waste, offering great value for money at local stores, cafes and restaurants

WIC	
<b>Type</b>	Resource Line
<b>Hours</b>	Monday-Friday 9 AM - 5 PM
<b>Contact</b>	800-942-1007
<b>Website</b>	<a href="https://www.mass.gov/orgs/women-infants-children-nutrition-program">https://www.mass.gov/orgs/women-infants-children-nutrition-program</a>
<b>Notes</b>	Currently, the federal government shutdown is not impacting WIC services in MA

## Acton

### Congregation Beth Elohim: Little Free Pantry

<b>Type</b>	Food Pantry
<b>Hours</b>	24/7
<b>Location</b>	133 Prospect Street, Acton, MA
<b>Contact</b>	Email: <a href="mailto:socialaction@bethelohim.org">socialaction@bethelohim.org</a>
<b>Website</b>	<a href="https://boxboroughucc.org/little-free-pantry/">https://boxboroughucc.org/little-free-pantry/</a>
<b>Serves</b>	All Towns
<b>Notes</b>	Food Pantry just off the driveway on the left at the first turnoff, as you enter driveway. Free and open 24/7

### Mt. Calvary Lutheran Church Community Supper

<b>Type</b>	Free Community Meals
<b>Hours</b>	Wednesdays Doors open at 4:15 PM Meal served 4:30 PM - 5:30 PM
<b>Location</b>	472 Massachusetts Ave, Acton, MA
<b>Contact</b>	Phone: 978-263-5156 Email: <a href="mailto:info@mtcalvaryacton.org">info@mtcalvaryacton.org</a>
<b>Website</b>	<a href="https://www.mtcalvaryacton.org/community-supper">https://www.mtcalvaryacton.org/community-supper</a>
<b>Serves</b>	All Towns
<b>Notes</b>	No registration required

### West Acton Baptist Church: Little Free Pantry

<b>Type</b>	Food Pantry
<b>Hours</b>	24/7
<b>Location</b>	592 Mass Ave, Acton, MA
<b>Contact</b>	Phone: 978-263-5902
<b>Website</b>	<a href="https://boxboroughucc.org/little-free-pantry/">https://boxboroughucc.org/little-free-pantry/</a>
<b>Serves</b>	All Towns

## West Acton Baptist Church: Little Free Pantry

**Notes**

Food Pantry is located next to church parking lot and available 24/7 to anyone needing food.

## Andover

### Neighbors in Need @ Robb Center

<b>Type</b>	Community Meals
<b>Hours</b>	Thursday, every week, 4 - 5 PM
<b>Location</b>	30 Whittier Ct, Andover, MA
<b>Contact</b>	978-623-8320
<b>Website</b>	<a href="https://needfood.org/get-help/#get-food">https://needfood.org/get-help/#get-food</a>
<b>Notes</b>	No residency, age, or income restrictions

### Neighbors in Need Food Pantry @ South Church

<b>Type</b>	Pantry
<b>Hours</b>	Thursday 4 PM - 5 PM
<b>Location</b>	41 Central Street, Andover, MA
<b>Contact</b>	978-685-8321
<b>Website</b>	<a href="https://needfood.org/get-help/#get-food">https://needfood.org/get-help/#get-food</a>

### Village Food Hub

<b>Type</b>	Community Fridge and Pantry
<b>Hours</b>	24/7, Fridge & lockers outside, next to Ballardvale United Church
<b>Location</b>	23 Clark Road, Andover, MA
<b>Contact</b>	978-566-3287
<b>Website</b>	<a href="https://www.villagefoodhub.org/pantry-program.html">https://www.villagefoodhub.org/pantry-program.html</a>
<b>Serves</b>	Andover, North Andover, Lawrence only

### MVYMCA @ The Robb Center

<b>Type</b>	Pantry
<b>Hours</b>	2nd Wednesday each month, 10 AM - 12 PM
<b>Location</b>	30 Whittier Ct Andover, MA

MVYMCA @ The Robb Center	
Contact	978-623-8320
Website	<a href="https://mvymca.org/pantry/">https://mvymca.org/pantry/</a>
Notes	No residency, age, or income restrictions

## Arlington

Arlington EATS	
<b>Type</b>	Food Pantry by appointment only
<b>Hours</b>	Mondays 2:00 PM – 7:00 PM (2:00 – 4:00 PM senior hours*) Tuesdays 9:00 AM - 12:30 PM Wednesdays 9:00 AM – 12:00 PM and 4:00 – 6:00 PM Saturdays 9:00 AM – 1:00 PM
<b>Location</b>	117 Broadway, Suite A, Arlington
<b>Contact</b>	Phone: 339-707-6757 Email: <a href="mailto:info@arlingtoneats.org">info@arlingtoneats.org</a>
<b>Website</b>	<a href="https://www.arlingtoneats.org/">https://www.arlingtoneats.org/</a>
<b>Serves</b>	Arlington
<b>Notes</b>	Appointments are preferred. Call (339) 707-6761 to make your appointment. Registration and proof of residence are required. Families can contact schools to enroll students in the Snack Program.

## Bedford

Bedford Community Table Pantry and Food Pantry	
<b>Type</b>	Drive-Through, Home Delivery, and Self-Service locker Food Pantry
<b>Hours</b>	Thursday 3:30 PM - 5:30 PM
<b>Location</b>	12 Mudge Way, Bedford
<b>Contact</b>	Phone: 781-275-7727 Email: <a href="mailto:bedfordfoodbank@bedfordma.gov">bedfordfoodbank@bedfordma.gov</a>
<b>Website</b>	<a href="https://www.bedfordfoodpantry.org/">https://www.bedfordfoodpantry.org/</a>
<b>Serves</b>	Bedford
<b>Notes</b>	Drive-through curbside service with no registration required. Call 781-275-7727 for home delivery. Self-service available in the Town Center.



## Beverly

Beverly Bootstraps	
Type	Food Pantry
Hours	Monday - 10:00 am - 4:00 pm Tuesday - 1:00 pm - 6:00 PM Wednesday - 10:00 am - 6:00 PM Thursday - 10:00 AM - 2:00 PM Mobile markets to some apartment communities during the summer. Check website for schedule. Refrigerated food lockers also available for pickup during off hours, place order online ahead of time
Location	35 Park Street Beverly, MA
Contact	978-927-1561
Website	<a href="https://beverlybootstraps.org/what-we-do/food-assistance-programs/">https://beverlybootstraps.org/what-we-do/food-assistance-programs/</a>
Serves	Beverly, Manchester, Essex, Hamilton, and Wenham
Notes	Please bring proof of residence (such as a piece of mail postmarked within the last 30 days). Food pantry intake form and new client registration hours listed on website

Beverly SDA Church	
Type	Food Pantry
Hours	Second Sunday - 1:00 - 2:00 PM
Location	499 Rantoul St Beverly, MA
Contact	978-927-4066
Website	<a href="https://beverlyma.adventistchurch.org/ministries">https://beverlyma.adventistchurch.org/ministries</a>

First Baptist Church	
Type	Community Meal
Hours	Mondays at 6:00 PM and Saturdays at 12:30 PM
Location	221 Cabot St. Beverly, MA
Website	<a href="https://www.fbcbeverly.org/event/monday-night-supper-2/all/">https://www.fbcbeverly.org/event/monday-night-supper-2/all/</a>

### First Parish Unitarian

<b>Type</b>	Community Meal
<b>Hours</b>	Tuesdays at 5:30 - 7:00 PM
<b>Location</b>	225 Cabot St. Beverly, MA
<b>Website</b>	<a href="https://firstparishbeverly.org/social-justice-action/monday-and-tuesday-night-suppers/">https://firstparishbeverly.org/social-justice-action/monday-and-tuesday-night-suppers/</a>

### Living Faith United Methodist Church

<b>Type</b>	Community Meal
<b>Hours</b>	Wednesdays and Thursdays at 6:00 PM
<b>Location</b>	2 Dane St. Beverly, MA
<b>Website</b>	<a href="https://www.living-faithumc.org/">https://www.living-faithumc.org/</a>

### Living Hope Church of the Nazarene Food Pantry

<b>Type</b>	Food Pantry
<b>Hours</b>	Thursday, 10 AM - 12 PM
<b>Location</b>	556 Cabot St. Beverly, MA
<b>Contact</b>	978-927-9977 <a href="mailto:beverlynazarene@yahoo.com">beverlynazarene@yahoo.com</a>
<b>Website</b>	<a href="https://www.beverlychurch.org/">https://www.beverlychurch.org/</a>
<b>Serves</b>	Beverly
<b>Notes</b>	Beverly residents with proof of residence may take home a prepackaged bag of non - perishable goods as well as items donated from Henry's and Shaws Markets

### St. Peter's Episcopal Church

<b>Type</b>	Community Meal
<b>Hours</b>	Fridays and Sundays at 6:00 PM
<b>Location</b>	4 Ocean St. Beverly, MA
<b>Contact</b>	978-922-3438 Email: <a href="mailto:info@stpetersbeverly.org">info@stpetersbeverly.org</a>
<b>Website</b>	<a href="https://stpetersbeverly.org/outreach/">https://stpetersbeverly.org/outreach/</a>

## Billerica

Billerica Community Food Pantry	
Type	Food Pantry
Hours	2 - 6 PM (2nd & 4th Monday)
Location	70 Concord Rd., Billerica, MA
Contact	<a href="mailto:billericapantry@gmail.com">billericapantry@gmail.com</a> 978-357-7560
Website	<a href="https://billericacommunitypantry.com/">https://billericacommunitypantry.com/</a>

## Boxborough

Acton Food Pantry	
<b>Type</b>	Drive - Thru Food Pantry
<b>Hours</b>	Wednesdays 10:00 AM - 7:00 PM Thursdays 9:30 AM - 11:30 AM *Closed 4th week of each month
<b>Location</b>	235 Summer Road, Boxborough, MA (Building #1, Lower Level in the Boxborough Business Park) Reachable by Acton CAT and Boxborough MART bus, Boxborough
<b>Contact</b>	Phone: 978-635-9295 Email: <a href="mailto:foodpantryvolunteer@actoncommunitysupper.org">foodpantryvolunteer@actoncommunitysupper.org</a>
<b>Website</b>	<a href="https://www.actonfoodpantry.org/">https://www.actonfoodpantry.org/</a>
<b>Serves</b>	Acton, Boxborough
<b>Notes</b>	Registration is not required but is preferred. Call or email to organize alternative pick-up arrangements if needed.

## Burlington

Burlington Community Food Pantry- People Helping People	
<b>Type</b>	Distribution and Home Delivery Food Pantry
<b>Hours</b>	Tuesdays 3:00 PM - 7:00 PM Wednesday 11:00 AM - 1:00 PM Thursday 10:00 AM - 12:00 PM
<b>Location</b>	21 - 23 Murray Ave, Burlington
<b>Contact</b>	Phone: 781-270-1961 Email: <a href="mailto:byfs@burlington.org">byfs@burlington.org</a>
<b>Website</b>	<a href="https://peoplehelpingpeopleinc.org/programs.html">https://peoplehelpingpeopleinc.org/programs.html</a>
<b>Serves</b>	Burlington residents meeting income guidelines
<b>Notes</b>	Registration is required. Weekly service available.

Minuteman Senior Services	
<b>Type</b>	Private agency
<b>Hours</b>	Monday through Friday 9:00 AM - 5:00 PM
<b>Location</b>	1 Burlington Woods Drive, Suite 101, Burlington
<b>Contact</b>	Phone: 888-222-6171 Email: <a href="mailto:info@minutemansenior.org">info@minutemansenior.org</a>
<b>Website</b>	<a href="https://minutemansenior.org/">https://minutemansenior.org/</a>
<b>Serves</b>	Acton, Arlington, Bedford, Boxborough, Burlington, Carlisle, Concord, Harvard, Lexington, Lincoln, Littleton, Maynard, Stow, Wilmington, Winchester, Woburn
<b>Notes</b>	Food service for seniors on Medicare and enrolled in Minuteman Senior Services SHINE program.

## Chelmsford

Chelmsford Food Pantry	
<b>Type</b>	Food Pantry
<b>Hours</b>	Wednesdays 5 - 8 PM; Thursdays 2 - 4 PM; Fridays 6:30 - 8 PM
<b>Location</b>	50 Rear Billerica Rd., Chelmsford, MA
<b>Contact</b>	978-250-3818 <a href="mailto:office@chelmsfordfoodpantry.org">office@chelmsfordfoodpantry.org</a>
<b>Website</b>	<a href="https://chelmsfordfoodpantry.org/">https://chelmsfordfoodpantry.org/</a>
<b>Notes</b>	Free Emergency Home Delivery If you live in Chelmsford, the Chelmsford Food Pantry can deliver Free to you. Please give us a call or send us an email and we will do everything we can to help.

Chelmsford Winter Farmers Market	
<b>Type</b>	Farmers' Market
<b>Hours</b>	Saturdays, 10 AM – 1 PM, November to Mid-March
<b>Location</b>	Weston Nurseries 160 Pine Hill Road, Chelmsford, MA
<b>Website</b>	<a href="https://minutemansenior.org/">https://minutemansenior.org/</a>

Table of Plenty @ Chelmsford Senior Center	
<b>Type</b>	Food Pantry; Community Meal
<b>Hours</b>	Sit - down meals are served every Tuesday from 5:00 - 6:00 PM at the Chelmsford Senior Center
<b>Location</b>	75 Groton Rd., Chelmsford, MA
<b>Contact</b>	978-710-8328
<b>Website</b>	<a href="https://tableofplentyinchelmsford.org/">https://tableofplentyinchelmsford.org/</a>

## Danvers

Danvers People to People Food Pantry	
<b>Type</b>	Food Pantry
<b>Hours</b>	Tuesday/Thursday 9 AM - 12 PM First and third Wednesday 4:00 - 6:00 PM * Any time schools are closed for snow, the Pantry will be closed
<b>Location</b>	12 Sylvan Street Danvers, MA
<b>Contact</b>	978-739-4188
<b>Website</b>	<a href="https://www.danverscommunitycouncil.com/danvers-people-to-people-food-pantry">https://www.danverscommunitycouncil.com/danvers-people-to-people-food-pantry</a>
<b>Serves</b>	Danvers
<b>Notes</b>	Must provide proof of residence with utility bill, not just ID, at each visit



## Devens

Loaves and Fishes Pantry	
<b>Type</b>	Drive - Thru Food Pantry
<b>Hours</b>	Wednesdays and Fridays 9:00 AM - 12:00 PM First Tuesday of the month 4:00 PM - 7:00 PM Third Saturday of the month 9:00 AM - 12:00 PM Last Thursday of the month 9:00 AM - 12:00 PM
<b>Location</b>	234 Barnum Road, Devens, MA
<b>Contact</b>	Phone: 978-772-4627
<b>Website</b>	<a href="https://loavesfishespantry.org/loaves-fishes-new-client-registration/">https://loavesfishespantry.org/loaves-fishes-new-client-registration/</a>
<b>Serves</b>	Ayer, Devens, Dunstable, Groton, Harvard, Littleton, or Shirley
<b>Notes</b>	No income requirements. You may receive groceries twice a month. You must bring only a Proof of Residency (POR) when you visit the Pantry.

## Dracut

Dracut Food Pantry	
Type	Food Pantry
Hours	4th Saturday of Month, 9 - 12 PM
Location	1934 Lakeview Ave., Dracut, MA
Contact	978-957-8600
Website	<a href="https://dracutfoodpantry.com/">https://dracutfoodpantry.com/</a>

## Dunstable

Loaves and Fishes Pantry	
<b>Type</b>	Drive - Thru Food Pantry
<b>Hours</b>	Wednesdays and Fridays 9:00 AM - 12:00 PM First Tuesday of the month 4:00 PM - 7:00 PM Third Saturday of the month 9:00 AM - 12:00 PM Last Thursday of the month 9:00 AM - 12:00 PM
<b>Location</b>	234 Barnum Road, Devens, MA
<b>Contact</b>	Phone: 978-772-4627
<b>Website</b>	<a href="https://loavesfishespantry.org/loaves-fishes-new-client-registration/">https://loavesfishespantry.org/loaves-fishes-new-client-registration/</a>
<b>Serves</b>	Ayer, Devens, Dunstable, Groton, Harvard, Littleton, or Shirley
<b>Notes</b>	No income requirements. You may receive groceries twice a month. You must bring only a Proof of Residency (POR) when you visit the Pantry.

## Everett

Everett Grace Food Pantry	
Type	Food Pantry
Hours	Saturday 9:15 AM, Sunday 10 AM - 11 AM
Location	50 Church Street, Everett, MA 02149
Contact	617-799-9440
Website	<a href="https://facebook.com/gracefoodpantryeverett/">https://facebook.com/gracefoodpantryeverett/</a>
Serves	No Residency Requirement(s)
Notes	Everett Grace Food Pantry & Outreach offers a food pantry has no residency requirement, all are welcome! The mission behind Everett Grace Food Pantry & Outreach is that that they everyone from low-income families, single parents, senior citizens, unemployed individuals, disabled veterans, working poor, and anyone else in need of assistance. Bring your own bags, no ID required. They recommend arriving early to get a number.

Everett Mobile Market	
Type	Food Pantry
Hours	Thursday 3:30 PM - 5 PM
Location	Lafayette School, 117 Edith Street, Everett, MA
Contact	781-397-0404
Website	<a href="https://breadoflifemalden.org">https://breadoflifemalden.org</a>
Serves	Everett
Notes	“Grab-and-go” distribution by drive-thru or walk-up. Groceries can be picked up weekly. Households are required to complete a pantry application in advance of receiving food. Applications can be completed in person at 54 Eastern Avenue, Malden, MA, on Mondays 12-5pm, Wednesdays 1-4pm or Fridays 1-4pm.

Family Care Pantry	
Type	Food Pantry
Hours	Monday 5 PM - 8 PM
Location	1691 Revere Beach Parkway, Everett, MA

Family Care Pantry	
<b>Contact</b>	781-397-0404
<b>Website</b>	<a href="https://breadoflifemalden.org">https://breadoflifemalden.org</a>
<b>Serves</b>	No Residency Requirement(s)
<b>Notes</b>	A household may pick up groceries as often as once per week. All are welcome to access, no application needed!

## Gloucester

Grace Center(Lifebridge)	
<b>Type</b>	Community Meal
<b>Hours</b>	Breakfast - 8:30 - 10:00 am Lunch - 12:00 Noon
<b>Location</b>	264 Main St Gloucester, MA, Gloucester
<b>Contact</b>	978-675-6240
<b>Website</b>	<a href="https://lifebridgenorthshore.org/locations/grace-center/">https://lifebridgenorthshore.org/locations/grace-center/</a>

The Open Door Pantry	
<b>Type</b>	Pantry
<b>Hours</b>	Pick-up Hours: Monday 9:45am – 6:00pm Tuesday 8:30am – 6:00pm Wednesday 8:30am – 6:00pm Thursday 8:30am – 6:00pm Friday 8:30am – 6:00pm
<b>Location</b>	28 Emerson Avenue, Gloucester, MA
<b>Contact</b>	978-283-6776 <a href="mailto:info@foodpantry.org">info@foodpantry.org</a>
<b>Website</b>	<a href="https://www.foodpantry.org/">https://www.foodpantry.org/</a>
<b>Notes</b>	Our pantries in Gloucester and Ipswich offer weekly curbside grocery pickup and limited delivery. Apply to use our refrigerated food lockers in Gloucester and Ipswich to pick-up groceries after hours and on weekends. Online shopping available!  You must comply with current TEFAP Income Guidelines to qualify for our food services. TEFAP income guidelines here: <a href="https://foodpantry.org/wp-content/uploads/2025/05/TEFAP2526g.png">https://foodpantry.org/wp-content/uploads/2025/05/TEFAP2526g.png</a>

The Open Door	
<b>Type</b>	Community Meal
<b>Hours</b>	Monday - Friday: 4:30 - 5:30 PM Senior Soup and Salad Thursdays and Fridays at 11:30 a.m. Rose Baker Senior Center 6 Manuel F Lewis Street, Gloucester MA 01930 JOIN US for hot soup, sandwiches, salad, chips, and dessert!
<b>Location</b>	28 Emerson Avenue, Gloucester, MA
<b>Contact</b>	978-283-6776
<b>Website</b>	<a href="https://foodpantry.org/get-help/programs-services/fresh-meals/">https://foodpantry.org/get-help/programs-services/fresh-meals/</a>

## The Open Door

**Notes**

Special diet? Allergies to food? Let us know ASAP when you arrive!



## Hamilton

Acord Food Pantry	
<b>Type</b>	Food Pantry
<b>Hours</b>	<p>Main Location:</p> <p>Wed. 9:30AM – 11:00AM</p> <p>Thu. 10:00AM – 11:00AM (Seniors 60+ only)</p> <p>Thu. 6:30PM – 7:30PM</p> <p>Sat. 9:00AM – 11:00AM</p> <p>Mobile Markets:</p> <p>Essex COA - First Friday, 10:30am - 11:30am</p> <p>Hamilton Housing Authority - First and third Mondays, 9 - 9:30am</p> <p>Hamilton COA - Second and fourth Mondays, 11:45am - 12:30pm</p> <p>Little Brook Village in Topsfield - First Monday, 10:30 - 11:30am</p> <p>Enon Village in Wenham - Fourth Tuesday, 10am - 11am</p> <p>Maple Woods in Wenham - First and third Tuesdays, 9:30 - 10:30am</p>
<b>Location</b>	69 Willow Street, South Hamilton, MA
<b>Contact</b>	<p>978-468-7424</p> <p><a href="mailto:Acord.director@gmail.com">Acord.director@gmail.com</a></p>
<b>Website</b>	<a href="https://www.acordfoodpantry.org/">https://www.acordfoodpantry.org/</a>
<b>Serves</b>	Essex, Hamilton, Ipswich, Manchester, Topsfield, and Wenham
<b>Notes</b>	<p>No income restrictions, just proof of residence.</p> <p>Current proof of address, such as a utility bill, is required for every visit.</p> <p>May get food once every 7 days.</p> <p>Additional support available during school vacations, summer break, and holidays</p>

## Haverhill

Somebody Cares New England	
<b>Type</b>	Pantry
<b>Hours</b>	Last Thursday of the month (Except during November & December- they are open the Thursday BEFORE the holiday) 10 AM-Elderly & Disabled 11 AM-2:30 PM All others
<b>Location</b>	358 Washington Street, Haverhill, MA
<b>Contact</b>	978-912-7626
<b>Website</b>	<a href="https://somebodycaresne.org/food-pantry/">https://somebodycaresne.org/food-pantry/</a>
<b>Notes</b>	Any Haverhill resident in need is welcome to come! If it's your first time visiting the food pantry, please make sure and bring an ID or proof of address.

Veterans Northeast Outreach Center	
<b>Type</b>	Pantry
<b>Hours</b>	Thursdays 10 AM-2 PM
<b>Location</b>	10 Reed St, Haverhill, MA
<b>Website</b>	<a href="https://events.riseup.vet/greaterbostonvets/detail/4200/1757599200000">https://events.riseup.vet/greaterbostonvets/detail/4200/1757599200000</a>
<b>Notes</b>	Veterans and their families only

## Ipswich

Ipswich Dinner Bell	
Type	Community Meal
Hours	Mondays 5-6 PM
Location	Masonic Hall, 70 Topsfield Road, Ipswich, MA
Website	<a href="https://ipswichdinnerbell.org/">https://ipswichdinnerbell.org/</a>
Notes	Free and all are welcome
The Open Door Pantry	
Type	Pantry
Hours	<p>Pick-up Hours: Wednesdays and Thursdays from 10:30am to 5:00pm</p> <p>Mobile Market Pop Ups are also available throughout the Northshore (Gloucester, Essex, Rockport, Danvers, Manchester). See full schedule here: <a href="https://foodpantry.org/get-help/programs-services/mobile-market/">https://foodpantry.org/get-help/programs-services/mobile-market/</a></p>
Location	00 Southern Heights Ipswich, MA
Contact	<p>978-283-6776 <a href="mailto:info@foodpantry.org">info@foodpantry.org</a></p>
Website	<a href="https://www.foodpantry.org/">https://www.foodpantry.org/</a>
Notes	<p>Our pantries in Gloucester and Ipswich offer weekly curbside grocery pickup and limited delivery. Apply to use our refrigerated food lockers in Gloucester and Ipswich to pick-up groceries after hours and on weekends. Online shopping available!</p> <p>You must comply with current TEFAP Income Guidelines to qualify for our food services. TEFAP income guidelines here: <a href="https://foodpantry.org/wp-content/uploads/2025/05/TEFAP2526g.png">https://foodpantry.org/wp-content/uploads/2025/05/TEFAP2526g.png</a></p>

## Lawrence

Bread and Roses Food Pantry	
Type	Pantry
Hours	Monday-Thursday 11 AM-3 PM
Location	58 Newbury Street, Lawrence, MA
Contact	978-681-8768
Website	<a href="https://breadandroseskitchen.org/">https://breadandroseskitchen.org/</a>

Bread and Roses Community Meals	
Type	Community Meals
Hours	Monday-Thursday, Saturday 4 PM-6 PM
Location	58 Newbury Street Lawrence, MA
Contact	978-681-8768
Website	<a href="https://breadandroseskitchen.org/">https://breadandroseskitchen.org/</a>

Food for the World	
Type	Pantry
Hours	1st & 3rd Monday of the Month 10 AM-11 AM
Location	46 - 48 Fitz Street, Lawrence, MA
Contact	978-683-9949
Website	<a href="https://www.foodfortheworld.org/">https://www.foodfortheworld.org/</a>

Food for the World	
Type	Pantry
Hours	Friday 1 PM-3 PM
Location	35 Common Street, Lawrence, MA
Contact	978-683-9949
Website	<a href="https://www.foodfortheworld.org/">https://www.foodfortheworld.org/</a>

### Food for the World Inc

<b>Type</b>	Pantry
<b>Hours</b>	Wednesday 9 AM-11 AM
<b>Location</b>	516 Essex Street, Lawrence, MA
<b>Contact</b>	978-683-9949
<b>Website</b>	<a href="https://www.foodfortheworld.org/">https://www.foodfortheworld.org/</a>

### Good Shepard Lazarus House

<b>Type</b>	Community Meals
<b>Hours</b>	Everyday 8:30 AM-9:30 AM, 11:30AM-1 PM
<b>Location</b>	412 Hampshire Street, Lawrence, MA
<b>Contact</b>	978-332-5013
<b>Website</b>	<a href="https://lazarushouse.org/">https://lazarushouse.org/</a>

### House of Mercy

<b>Type</b>	Community Meals
<b>Hours</b>	Monday-Friday 9 AM-10 AM, 11:30AM-1:30 PM
<b>Location</b>	85 Baystate Road, Lawrence, MA
<b>Contact</b>	978-655-8141
<b>Website</b>	<a href="https://www.housesofmercy.net/">https://www.housesofmercy.net/</a>

### House of Mercy

<b>Type</b>	Pantry
<b>Hours</b>	Thursday 10:30 AM-11:30 AM
<b>Location</b>	85 Bay State Rd, Lawrence, MA
<b>Contact</b>	978-655-8141
<b>Website</b>	<a href="https://www.housesofmercy.net/">https://www.housesofmercy.net/</a>

### House of Mercy

<b>Notes</b>	Must attend service
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### Lawrence Boys and Girls Club

<b>Type</b>	Pantry
<b>Hours</b>	3rd Tuesday of the Month 10 AM-12 PM
<b>Location</b>	136 Water Street, Lawrence, MA
<b>Contact</b>	978-683-7747
<b>Website</b>	<a href="https://needfood.org/">https://needfood.org/</a>
<b>Notes</b>	Must bring own bags and complete an application

### Lawrence Community Fridge

<b>Type</b>	Community Fridge and Pantry
<b>Hours</b>	24/7
<b>Location</b>	163 East Haverhill Street Lawrence, MA
<b>Contact</b>	<a href="mailto:lawrencecommunityfridge@gmail.com">lawrencecommunityfridge@gmail.com</a>
<b>Website</b>	<a href="https://lawrencefridge.neocities.org/">https://lawrencefridge.neocities.org/</a>
<b>Notes</b>	Lawrence residents only

### Lazarus House Ministries (St. Martha's Pantry)

<b>Type</b>	Pantry
<b>Hours</b>	Wednesday 9 AM-2 PM
<b>Location</b>	242 Hampshire Street Lawrence, MA
<b>Contact</b>	978-689-8575
<b>Website</b>	<a href="https://lazarushouse.org/">https://lazarushouse.org/</a>

### Salvation Army - Lawrence

<b>Type</b>	Pantry
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Salvation Army - Lawrence	
Hours	Wednesday 9 AM-1 PM
Location	250 Haverhill Street, Lawrence, MA
Contact	978-682-8038
Website	<a href="https://easternusa.salvationarmy.org/massachusetts/lawrence/">https://easternusa.salvationarmy.org/massachusetts/lawrence/</a>
Notes	Families of 3+

Salvation Army - Lawrence	
Type	Pantry
Hours	Thursday 9 AM - 11 AM
Location	250 Haverhill Street, Lawrence, MA
Contact	978-682-8038
Website	<a href="https://easternusa.salvationarmy.org/massachusetts/lawrence/">https://easternusa.salvationarmy.org/massachusetts/lawrence/</a>
Notes	Families of 1 - 2

YMCA Lawrence	
Type	Pantry
Hours	Thursday 3 PM-4 PM
Location	40 Lawrence Street, Lawrence, MA
Contact	978-725-6681
Website	<a href="https://mvymca.org/pantry/">https://mvymca.org/pantry/</a>

## Lexington

Grace Chapel Food Bank Ministry, Lexington	
<b>Type</b>	Food Pantry
<b>Hours</b>	Every other Wednesday 5:00 PM - 6:00 PM (November 5, 19)
<b>Location</b>	59 Worthen Road, Lexington South Entrance, Lexington
<b>Contact</b>	Phone: 781 - 862-6499 Email: <a href="mailto:care@grace.org">care@grace.org</a>
<b>Website</b>	<a href="https://www.grace.org/be-curious/articles/food-bank/">https://www.grace.org/be-curious/articles/food-bank/</a>
<b>Serves</b>	All Towns, Grace Chapel families individuals
<b>Notes</b>	Registration required

Lexington Food Pantry	
<b>Type</b>	Food Pantry by curbside pick-up
<b>Hours</b>	Saturdays 9:30 AM - 12:30 PM
<b>Location</b>	Church of Our Redeemer 6 Meriam Street, Lexington, MA
<b>Contact</b>	Phone: 781-861-5060 Email: <a href="mailto:lexfoodpantry@gmail.com">lexfoodpantry@gmail.com</a>
<b>Website</b>	<a href="https://www.lexingtonfoodpantry.org/">https://www.lexingtonfoodpantry.org/</a>
<b>Serves</b>	Lexington
<b>Notes</b>	Monthly service



## Littleton

Neighborhood Community Supper at Congregational Church of Littleton	
<b>Type</b>	Free Community Meals
<b>Hours</b>	Tuesdays 5:30 - 6:30 PM Doors open at 5:00 PM Dinner served at 5:30 PM
<b>Location</b>	330 King Street, Littleton, MA
<b>Contact</b>	Phone: 978-486-3245 Email: <a href="mailto:office@ccol.org">office@ccol.org</a>
<b>Website</b>	<a href="https://www.littletonma.org/229/Food-Programs-Nutrition">https://www.littletonma.org/229/Food-Programs-Nutrition</a>
<b>Serves</b>	Central Middlesex area
<b>Notes</b>	The Neighborhood Community Supper provides a home - cooked meal at no charge and a chance to gather to enjoy each other's company

## Lincoln

St. Julia Parish Food Pantry	
<b>Type</b>	Food Pantry
<b>Hours</b>	Saturday 10:00 AM – 11:00 AM
<b>Location</b>	42 Lincoln Road, Lincoln
<b>Contact</b>	Phone: 781-899-2611 Email: <a href="mailto:parish@stjulia.org">parish@stjulia.org</a>
<b>Website</b>	<a href="https://stjulia.org/svdp/">https://stjulia.org/svdp/</a>
<b>Serves</b>	Lincoln, Weston
<b>Notes</b>	Clients can choose from a large variety of non-perishable items, paper goods, bakery items, as well as refrigerated and frozen foods and fresh fruits and vegetables

## Lowell

Central Food Ministry	
<b>Type</b>	Food Pantry
<b>Hours</b>	<u>Tuesdays</u> : Call between 9 am - 12 pm; Pick-up hours: 10 am - 1 pm <u>Wednesdays</u> : Call between 9 am - 12 pm; Pick-up hours: 10 am - 1 pm <u>Thursdays</u> : Call between 9 am - 12 pm; Pick-up hours: 10 am - 1 pm Call between 6 pm - 7 pm; Pick-up hours: 7 pm - 8 pm
<b>Location</b>	370 W. Sixth St., Lowell, MA
<b>Contact</b>	978-454-7445
<b>Website</b>	<a href="https://www.cfministry.org/need-food">https://www.cfministry.org/need-food</a>
<b>Notes</b>	Call 978-454-7445 on the day you'd like to pick up food. Each person in your family will receive a 5-day supply of food. You can pick up food once a month.

Christ Jubilee Food Pantry	
<b>Type</b>	Food Pantry
<b>Hours</b>	Fridays 12:00-1:00; Call Ahead
<b>Location</b>	101 Smith St., Lowell, MA
<b>Contact</b>	(978)-452-9976
<b>Website</b>	<a href="https://ampleharvest.org/food-pantries/christ-jubilee-food-pantry-10569/">https://ampleharvest.org/food-pantries/christ-jubilee-food-pantry-10569/</a>

Community Christian Fellowship	
<b>Type</b>	Food Pantry
<b>Hours</b>	1st Wednesday of Month 10 AM - 1:30 PM
<b>Location</b>	105 Princeton Blvd., Lowell, MA
<b>Contact</b>	978-934-9414 x117
<b>Website</b>	<a href="http://ccflowell.org">http://ccflowell.org</a>

### Dwelling House of Hope

<b>Type</b>	Food Pantry
<b>Hours</b>	Saturday at 7 AM
<b>Location</b>	125 Mt. Hope St., Lowell, MA
<b>Contact</b>	1-866-674-9988
<b>Website</b>	<a href="https://www.dwellinghouseofhope.org/need-food">https://www.dwellinghouseofhope.org/need-food</a>
<b>Notes</b>	Stay in your car and join the queue and when it's your turn, a box of assorted food will be placed in your car.

### Eliot Church

<b>Type</b>	Community Meal
<b>Hours</b>	Monday - Friday, from 10:00 a.m. to 2:30 p.m.
<b>Location</b>	273 Summer Street, Lowell MA 01852
<b>Contact</b>	978-452-3383
<b>Website</b>	<a href="https://eliotlowell.org/daycenter/">https://eliotlowell.org/daycenter/</a>
<b>Notes</b>	After 2:30, guests may remain in the building as St. Paul's Kitchen comes in to prepare and serve supper. We offer coffee, light meals, a clean restroom, wi-fi, electricity for phone charging, clothing, and personal hygiene items.

### Living Waters

<b>Type</b>	Community Meal
<b>Hours</b>	Tuesday, Thursday & Friday 9 AM-1:30 PM, Saturday 9 AM-12:00 PM
<b>Location</b>	10 Kirk St., Lowell, MA
<b>Contact</b>	978-323-4673
<b>Website</b>	<a href="http://livingwaterslowell.org">http://livingwaterslowell.org</a>

### Lowell Senior Center

<b>Type</b>	Community Meal
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Lowell Senior Center	
Hours	Breakfast from 7 AM – 8 AM, and lunch from 11:00 AM - 11:30 AM
Location	276 Broadway St., Lowell, MA
Contact	978-970-4131
Website	<a href="http://lowellma.gov">http://lowellma.gov</a>
Notes	For adults aged 60 or older

MOBILE PANTRY - Merrimack Valley Food Bank	
Type	Food Pantry
Location	Mobile, Lowell
Contact	978-454-7272
Website	<a href="https://mvfb.org/programs/mobile-pantry/">https://mvfb.org/programs/mobile-pantry/</a>
Serves	Greater Lowell Area
Notes	<p>The Mobile Pantry is currently accepting referrals or service requests for new clients. For questions about eligibility for the Mobile Pantry, please call 978-454-7272 or contact us and ask for Roberta Emerson, our Program Director.</p> <p>Homebound clients in Greater Lowell who are elderly or have disabilities. The program is available to people in these groups who are experiencing food insecurity but are unable to visit a food pantry. Includes fresh produce, dairy products, frozen proteins, beverages, nonperishable items, and may include low - sodium and sugar-free products as needed. The bags are personalized based on an individual's dietary restrictions and food preferences</p>

Merrimack Valley Catholic Charities	
Type	Food Pantry
Hours	Monday-Thursday 1 PM-3:30 PM
Location	70 Lawrence St., Lowell, MA
Contact	978-454-9946
Website	<a href="https://www.ccab.org/about-us/locations/">https://www.ccab.org/about-us/locations/</a>

### Open Pantry of Greater Lowell

<b>Type</b>	Food Pantry
<b>Hours</b>	Monday - Thursday 8:45 AM - 11:45 AM
<b>Location</b>	13 Hurd St., Lowell, MA
<b>Contact</b>	(978) 453-6693
<b>Website</b>	<a href="https://theopenpantry.org/">https://theopenpantry.org/</a>

### Salvation Army Pantry

<b>Type</b>	Food Pantry; Community Meal
<b>Hours</b>	<b>Food Pantry:</b> Monday, Wednesday, Friday   9 a.m. - 11 a.m. Wednesday evening hours   3 p.m. - 6 p.m. BY APPOINTMENT ONLY: November & December <b>Community Meals:</b> Sunday   4:30 p.m. Tuesday & Thursday   11:30 a.m. Saturday   1:00 p.m. "
<b>Location</b>	150 Appleton St., Lowell, MA
<b>Contact</b>	(978)-458-3396
<b>Website</b>	<a href="https://easternusa.salvationarmy.org/massachusetts/lowell/">https://easternusa.salvationarmy.org/massachusetts/lowell/</a>

### St. Paul's Kitchen

<b>Type</b>	Community Meal
<b>Hours</b>	Monday – Friday 5:00 PM – 5:45 PM
<b>Location</b>	273 Summer St., Lowell, MA
<b>Contact</b>	978-206-1189
<b>Website</b>	<a href="http://stpaulssoupkitchen.org">stpaulssoupkitchen.org</a>
<b>Notes</b>	<p>We dedicate ourselves to serving the poor, elderly, and families in need. Since 1995, we've stood as a beacon of hope in the Lowell community, providing hot meals and support to everyone facing food insecurity. During these challenging times, we've seen an increase from 23,255 meals served in 2023 to 28,726 in 2024. This 24% increase in one year is a silent alarm, so now more than ever, we must take action. Meals are prepared by our team of generous supporters, including non-profit organizations, houses of worship, and local businesses.</p>

## Lynn

Lynn Community Health Center Mobile Market	
<b>Type</b>	Food Pantry
<b>Hours</b>	Typically, * the 1st Saturday of each month from 9:00 a.m. - 10:00 a.m
<b>Location</b>	73 Buffum St, Lynn, MA
<b>Contact</b>	781-581-3900 <a href="mailto:market@lchcnet.org">market@lchcnet.org</a>
<b>Website</b>	<a href="https://lynnchc.org/mobile-market/">https://lynnchc.org/mobile-market/</a>
<b>Serves</b>	Anyone who has a Greater Boston Food Bank card
<b>Notes</b>	Registration required

Catholic Charities Food Pantry	
<b>Type</b>	Food Pantry
<b>Hours</b>	Mon/Wed/Fri*: 9 am - 12 pm & 1 pm - 3 pm Tuesday: 1 pm - 3 pm Thursday: 9 am - 12 pm (65+ LIMITED MOBILITY ONLY) *Closed every third Friday of the month
<b>Location</b>	8 Silsbee Street, Lynn, MA
<b>Contact</b>	(617) 451-7999
<b>Website</b>	<a href="https://www.ccab.org/basic-needs/food-pantries/">https://www.ccab.org/basic-needs/food-pantries/</a>
<b>Notes</b>	Families unable to afford meals for Thanksgiving or other holidays may receive food packages for their household. Call 617 - 506 - 6628 for more information

Lynn Community Fridge	
<b>Type</b>	Food Pantry
<b>Location</b>	Centerboard parking lot 16 City Hall Square Lynn, MA
<b>Contact</b>	<a href="mailto:lynncommunityfridge@centerboard.org">lynncommunityfridge@centerboard.org</a>
<b>Website</b>	<a href="https://www.facebook.com/lynncommunityfridge/">https://www.facebook.com/lynncommunityfridge/</a>
<b>Notes</b>	The Lynn Community Fridge is a mutual aid project in Lynn, MA, with a goal to combat food insecurity

### My Brother's Table

<b>Type</b>	Community Meal
<b>Hours</b>	Monday - Friday: 12 PM - 6 PM Saturday Sunday: 2 PM - 4:30 PM
<b>Location</b>	98 Willow Street, Lynn, MA
<b>Contact</b>	781-595-3224
<b>Website</b>	<a href="https://mybrotherstable.org/get-help/">https://mybrotherstable.org/get-help/</a>
<b>Notes</b>	No Eligibility Screening. All Welcome

### New America Association of America

<b>Type</b>	Food Pantry
<b>Location</b>	330 Lynnway, Suite 302 Lynn, MA
<b>Contact</b>	781-593-0100
<b>Website</b>	<a href="https://naamass.org/how-you-can-help/food-distribution-program/">https://naamass.org/how-you-can-help/food-distribution-program/</a>

### Phoenix Food Hub

<b>Type</b>	Food Pantry
<b>Hours</b>	Indoor Winter Farmers' Markets - every 2nd and 4th Saturdays from December through March, 11 am to 3 pm. Farmers' Markets are hosted by The Food Project and are open to all.  Bags of free groceries distributed every first Saturday from 9 AM to 10 AM and every 3rd Friday from 9 AM to 11 AM
<b>Location</b>	8 Silsbee Street Lynn, MA
<b>Contact</b>	781-599-0110 and ask for the Nutrition Department
<b>Website</b>	<a href="https://phoenixfoodhub.org/">https://phoenixfoodhub.org/</a>
<b>Serves</b>	Lynn, Lynnfield, Nahant, Saugus, Swampscott
<b>Notes</b>	There are no age or income requirements and there is no application for the program, just sign up over the phone or in person when you come to the event. To learn more or to sign up for the program, please call 781-599-0110 and ask for the Nutrition Department.



### St. Stephen's Episcopal Church

<b>Type</b>	Food Pantry
<b>Hours</b>	Fridays 2:30 PM - 3:30 pm (closed first Friday of each month)
<b>Location</b>	74 South Common Street Lynn, MA
<b>Contact</b>	781-599-4220
<b>Website</b>	<a href="https://www.ststephenslynn.org/food-pantry">https://www.ststephenslynn.org/food-pantry</a>
<b>Notes</b>	Food pantry volunteers speak English and some Spanish. The food pantry serves in the back parking lot off of Blossom Street. Clients who are registered receive a laminated card. Bring your card every week - if you lose your card you will need to re-register and we will reprint the card for you. Children below the age of 18 are not allowed to pick up food for the household. Whomever presents the registered card will be asked to confirm information about the client.

### Tabernacle Evangelique Pantry

<b>Type</b>	Food Pantry
<b>Hours</b>	12:00 PM - 2:00 PM every other Saturday_x000D_
<b>Location</b>	7 Park St Lynn, MA
<b>Contact</b>	617-93-8116
<b>Website</b>	<a href="https://www.foodhelpline.org/resources/tabernacle-evangelique-de-louange-inc">https://www.foodhelpline.org/resources/tabernacle-evangelique-de-louange-inc</a>

### The Haven Project

<b>Type</b>	Food Pantry Community Meal
<b>Hours</b>	Available by appointment Monday - Friday 9 AM - 6 PM
<b>Location</b>	57 Munroe St. Lynn, MA
<b>Contact</b>	(781) 913 - 5738 (call or text) <a href="mailto:office@havenproject.net">office@havenproject.net</a>
<b>Website</b>	<a href="https://havenproject.net/">https://havenproject.net/</a>
<b>Notes</b>	Open to homeless youth ages 17 - 24. We provide meals and unrestricted access to a food pantry. We offer basic needs items including clothing, backpacks, and hygiene items, access to a shower and laundry on - site, and emergency funds

The Salvation Army - Lynn	
<b>Type</b>	Food Pantry
<b>Hours</b>	Tues/Wed/Fri - 9:00 am - 11:30 am
<b>Location</b>	1 Franklin Street Lynn, MA
<b>Contact</b>	781-598-0673
<b>Website</b>	<a href="https://easternusa.salvationarmy.org/massachusetts/lynn/">https://easternusa.salvationarmy.org/massachusetts/lynn/</a>
<b>Serves</b>	Lynn, Lynnfield, Nahant, Saugus, and Swampscott
<b>Notes</b>	Bring proof of address. Clients may only visit the food pantry once per month

Washington Street Baptist Church (WSBC) Lynn	
<b>Type</b>	Food Pantry
<b>Hours</b>	Last Saturday of every month from 8:30 AM - 11:00 AM
<b>Location</b>	256 Washington St. Lynn, MA
<b>Contact</b>	781-595-2550 <a href="mailto:lynnwsbc@gmail.com">lynnwsbc@gmail.com</a>
<b>Website</b>	<a href="https://www.lynnwsbc.org/food-pantry">https://www.lynnwsbc.org/food-pantry</a>
<b>Notes</b>	The Thanksgiving and Christmas food pantries are the Saturday before the holiday

## Lynnfield

Good Hope Foods	
<b>Type</b>	Food Pantry
<b>Hours</b>	1st & 3rd Thursday 10:30 AM - 12:30 PM
<b>Location</b>	47 Groveland Street, Lynnfield, MA
<b>Contact</b>	781-715-0203
<b>Website</b>	<a href="https://goodhopeinc.org/food-pantry/">https://goodhopeinc.org/food-pantry/</a>
<b>Serves</b>	No Residency Requirement(s)
<b>Notes</b>	Good Hope, Inc.'s food pantry has no residency requirement—anyone from any city or town is welcome to visit.

## Malden

Bread of Life	
<b>Type</b>	No - Cost Meals
<b>Hours</b>	Tuesday - Friday 4 PM - 5:30 PM
<b>Location</b>	54 Eastern Avenue, Malden, MA 02148
<b>Contact</b>	781-397-0404
<b>Website</b>	<a href="https://breadoflifemalden.org/">https://breadoflifemalden.org/</a>
<b>Serves</b>	No Residency Requirement(s)
<b>Notes</b>	Congregate meal setting indoors. No application needed. Residents of any community are welcome

Freedom Hill Community Church	
<b>Type</b>	Food Pantry
<b>Hours</b>	Tuesday 6 PM - 8:30 PM
<b>Location</b>	77 Kennedy Drive, Malden, MA
<b>Contact</b>	781-321-2121
<b>Website</b>	<a href="https://freedomhillcommunitychurch.org/food-pantry/">https://freedomhillcommunitychurch.org/food-pantry/</a>
<b>Serves</b>	No Residency Requirement(s)
<b>Notes</b>	Freedom Hill's Food Pantry provides food for anyone in need. Guests receive a nutritious supply of groceries to help them get by. We have no geographic restrictions – all are welcome. If you are coming to receive groceries, we ask guests to park in our lot and remain in their cars. Pantry staff will let you know when to pull your car up to the pantry door. If you walk or take public transportation to the pantry, please remain outside the door and staff will assist you there.

Malden Market (Located at Malden YMCA)	
<b>Type</b>	Food Pantry
<b>Hours</b>	Monday, Tuesday, Thursday 11 AM - 2 PM, Saturday 10 AM - 12 PM
<b>Location</b>	99 Dartmouth Street, Malden, MA
<b>Contact</b>	781-324-7680
<b>Website</b>	<a href="https://mv-ymca.org/food-security/malden-ymca-food-market">https://mv-ymca.org/food-security/malden-ymca-food-market</a>

### Malden Market (Located at Malden YMCA)

<b>Serves</b>	No Residency Requirement(s)
<b>Notes</b>	The Malden YMCA Food Market provides free food for individuals and families who need it, no residency requirement. Households can access the market weekly and select their choice of protein, produce, dairy, and dry goods. They recommend bringing reuseable bags and a cart (if you need one). Register online for an appointment.

### Ward 1 Community Fridge

<b>Type</b>	Community Fridge
<b>Hours</b>	24/7
<b>Location</b>	Community Health Alliance, 195 Canal Street, Malden, MA
<b>Website</b>	<a href="https://www.facebook.com/groups/759753784654081/">https://www.facebook.com/groups/759753784654081/</a>
<b>Serves</b>	Malden
<b>Notes</b>	The Malden Community Fridge is a community - run initiative that helps to provide free food to the local community 24/7, 365 days a year. It is located across from Cambridge Health Alliance

### Ward 3 Community Fridge

<b>Type</b>	Community Fridge
<b>Hours</b>	24/7
<b>Location</b>	401 Pleasant St, Malden, MA
<b>Website</b>	<a href="https://www.facebook.com/groups/759753784654081/">https://www.facebook.com/groups/759753784654081/</a>
<b>Serves</b>	Malden
<b>Notes</b>	The Malden Community Fridge is a community - run initiative that helps to provide free food to the local community 24/7, 365 days a year.

### Ward 5 Community Fridge

<b>Type</b>	Community Fridge
<b>Hours</b>	24/7
<b>Location</b>	420 Eastern Avenue, Malden, MA
<b>Website</b>	<a href="https://www.facebook.com/groups/759753784654081/">https://www.facebook.com/groups/759753784654081/</a>

### Ward 5 Community Fridge

<b>Serves</b>	Malden
<b>Notes</b>	The Malden Community Fridge is a community-run initiative that helps to provide free food to the local community 24/7, 365 days a year. It is located behind U - Haul at 420 Eastern Avenue

### Ward 7 Community Fridge

<b>Type</b>	Community Fridge
<b>Hours</b>	24/7
<b>Location</b>	Malden Catholic High School, 99 Crystal Street, Malden, MA
<b>Website</b>	<a href="https://www.facebook.com/groups/759753784654081/">https://www.facebook.com/groups/759753784654081/</a>
<b>Serves</b>	Malden
<b>Notes</b>	The Malden Community Fridge is a community-run initiative that helps to provide free food to the local community 24/7, 365 days a year. It is located behind Malden Catholic near the Soccer Fields on Maplewood Street.

### Ward 8 Community Fridge

<b>Type</b>	Community Fridge
<b>Hours</b>	24/7
<b>Location</b>	155 Beach Street, Malden, MA
<b>Website</b>	<a href="https://www.facebook.com/groups/759753784654081/">https://www.facebook.com/groups/759753784654081/</a>
<b>Serves</b>	Malden
<b>Notes</b>	The Malden Community Fridge is a community-run initiative that helps to provide free food to the local community 24/7, 365 days a year. It is located on the corner of Lynn Street and Beach Street (roughly at 155 Beach Street).

## Marblehead

Jewish Family & Children's Service Family Table	
<b>Type</b>	Food Pantry
<b>Hours</b>	One Sunday each month (varies). See schedule here: <a href="https://www.jfcsboston.org/our-services/center-for-basic-needs-assistance/family-table-food-pantry/family-table-distribution-day-schedule">https://www.jfcsboston.org/our-services/center-for-basic-needs-assistance/family-table-food-pantry/family-table-distribution-day-schedule</a>
<b>Location</b>	1 Community Road Marblehead, MA
<b>Contact</b>	978-741-7878 <a href="mailto:familytable@jfcsboston.org">familytable@jfcsboston.org</a>
<b>Website</b>	<a href="https://www.jfcsboston.org/Our-Services/Center-for-Basic-Needs-Assistance/Family-Table">https://www.jfcsboston.org/Our-Services/Center-for-Basic-Needs-Assistance/Family-Table</a>
<b>Notes</b>	Family Table fulfills its mission by providing kosher food, creating a caring Jewish connection, and empowering people to make healthy eating a part of their daily lives. We do this by offering Nutritious groceries, including fresh produce and whole grain products. Jewish holiday and ritual items, including challah and Shabbat candles, personal hygiene items such as soap, toothpaste, and shampoo New client application: <a href="https://www.jfcsboston.org/Our-Services/Center-for-Basic-Needs-Assistance/Family-Table/Become-a-Client">https://www.jfcsboston.org/Our-Services/Center-for-Basic-Needs-Assistance/Family-Table/Become-a-Client</a>

Marblehead Food Pantry	
<b>Type</b>	Food Pantry
<b>Hours</b>	Tuesday 9 AM - 12 PM Thursday 5:00 - 7 PM
<b>Location</b>	80 Atlantic Ave Marblehead, MA
<b>Contact</b>	781-631-5335 <a href="mailto:info@marbleheadfoodpantry.org">info@marbleheadfoodpantry.org</a>
<b>Website</b>	<a href="https://marbleheadfoodpantry.org/">https://marbleheadfoodpantry.org/</a>
<b>Serves</b>	Marblehead
<b>Notes</b>	If you are a resident of Marblehead, you may use the Pantry once a week. Please bring a bill or other document mailed to you within the last 3 months

## Maynard

Backpack Program (Maynard Food Pantry)	
<b>Type</b>	Food Distribution at Maynard Schools
<b>Hours</b>	Weekly on Friday
<b>Location</b>	Maynard Schools
<b>Contact</b>	Email: Program Director, Kerry Bernard at <a href="mailto:kerrymvb@gmail.com">kerrymvb@gmail.com</a>
<b>Website</b>	<a href="http://www.maynardfoodpantry.com/maynard-backpack-program-for-children/">http://www.maynardfoodpantry.com/maynard-backpack-program-for-children/</a>
<b>Serves</b>	Maynard schools
<b>Notes</b>	Weekly food delivery program for students. Sign up at: <a href="chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/http://www.maynardfoodpantry.com/wp-content/uploads/2023/08/permission-form-English.pdf">chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/http://www.maynardfoodpantry.com/wp-content/uploads/2023/08/permission-form-English.pdf</a>

Maynard Food Pantry	
<b>Type</b>	Food Pantry
<b>Hours</b>	Mondays 10:00 AM - 12:00 PM
<b>Location</b>	82 Main Street, Maynard, MA
<b>Contact</b>	978-764-5279 or 978-618-4264
<b>Website</b>	<a href="http://www.maynardfoodpantry.com/maynard-backpack-program-for-children/">http://www.maynardfoodpantry.com/maynard-backpack-program-for-children/</a>
<b>Serves</b>	Maynard, Acton, Stow and Sudbury
<b>Notes</b>	Maynard Shoppers are welcome to shop two times per month, and out-of-town residents are welcome to shop one time monthly. The Maynard Food Pantry also provides Thanksgiving and Holiday dinner baskets for shoppers.

Open Table Maynard	
<b>Type</b>	Drive-Thru Food Pantry (Groceries, prepared meals, senior lunch, kids bags, mobile programs, home delivery)
<b>Hours</b>	Tuesdays 1:00 - 3:00 PM (Seniors 65+) Tuesdays 3:00 - 6:30 PM Thursdays 1:00 - 4:30 PM



Open Table Maynard	
<b>Location</b>	33 Main Street, Maynard
<b>Contact</b>	978-369-2275 or Email: <a href="mailto:info@opentable.org">info@opentable.org</a>
<b>Website</b>	<a href="https://www.opentable.org/">https://www.opentable.org/</a>
<b>Serves</b>	<p>Acton, Bedford, Billerica, Boxborough, Carlisle, Chelmsford, Concord*, Framingham, Hudson, Lexington, Lincoln, Littleton, Lowell, Marlborough, Maynard*, Natick, Stow, Sudbury, Waltham, Wayland, Westford</p> <p>*People who work in Concord or Maynard that live outside this service area may also shop with proof of employment</p>
<b>Notes</b>	You may preorder online, by phone, or make selection upon arrival from your car.

## Medford

### Community Baptist Church Little Pantry

<b>Type</b>	Little Pantry
<b>Hours</b>	24/7
<b>Location</b>	470 Fulton Street, Medford
<b>Contact</b>	781-396-5536
<b>Website</b>	<a href="https://www.facebook.com/groups/562608498028884/">https://www.facebook.com/groups/562608498028884/</a>
<b>Serves</b>	Medford
<b>Notes</b>	Available 24/7, 365 days/year with shelf stable items.

### Community Cupboard Food Pantry

<b>Type</b>	Food Pantry
<b>Hours</b>	Thursday 6 PM - 8 PM
<b>Location</b>	147 High Street, Medford
<b>Contact</b>	781-321-2121
<b>Website</b>	<a href="https://uumedford.org/connection/food-pantry/">https://uumedford.org/connection/food-pantry/</a>
<b>Serves</b>	No Residency Requirement(s)
<b>Notes</b>	Clients typically receive two bags of food which they select themselves. Clients are able to access the food pantry weekly. The food pantry entrance is at the front door of the church.

### Loph's Community Fridge

<b>Type</b>	Community Fridge
<b>Hours</b>	24/7
<b>Location</b>	75 Riverside Avenue, Medford, MA
<b>Website</b>	<a href="https://www.facebook.com/groups/lophcommunityfridge">https://www.facebook.com/groups/lophcommunityfridge</a>
<b>Serves</b>	Medford
<b>Notes</b>	The fridge is located in the parking lot right across from the Senior Center.

### Mystic Community Market (located at Walnut Street Center)

<b>Type</b>	Food Pantry
<b>Hours</b>	<p>Appointments Required: Monday, Tuesday, Wednesday, Friday 10:00am - 2:00pm 4:00pm - 4:45pm</p> <p>Thursday: scheduled pick-ups only</p> <p>Saturday 9am-2pm</p> <p>Walk-ins: Monday, Tuesday, Wednesday, Friday 5:00pm - 6:00pm</p>
<b>Location</b>	291 Mystic Avenue, Medford, MA
<b>Contact</b>	617-629-5120
<b>Website</b>	<a href="https://mv-ymca.org/food-security/malden-ymca-food-market">https://mv-ymca.org/food-security/malden-ymca-food-market</a>
<b>Serves</b>	No Residency Requirement(s)
<b>Notes</b>	The Mystic Valley Community Market provides free food for individuals and families who need it, no residency requirement. Households can access the market weekly and select their choice of protein, produce, dairy, and dry goods. They recommend bringing reuseable bags and a cart (if you need one). Register online for an appointment.

### Saint Clement's Community Fridge

<b>Type</b>	Community Fridge
<b>Hours</b>	24/7
<b>Location</b>	68 Warner St, Medford, MA
<b>Website</b>	<a href="https://www.facebook.com/groups/409646247664852">https://www.facebook.com/groups/409646247664852</a>
<b>Serves</b>	Medford
<b>Notes</b>	The Community Fridge is located across from 29 Clements Rd, behind the church. Along with the fridge is a pantry that is accessible 24/7.

### Sanctuary's Micro Food Pantry

<b>Type</b>	Little Pantry
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Sanctuary's Micro Food Pantry	
Hours	24/7
Location	458 High Street, Medford, MA
Website	<a href="https://sanctuaryucc.org/micro-food-pantry/">https://sanctuaryucc.org/micro-food-pantry/</a>
Serves	Medford
Notes	A city-wide initiative for people to take what they need and leave what they can. Shelf - stable items, unopened used hygiene products, and pet foods are items that may be available through this initiative

St. Raphael Parish Food Pantry	
Type	Food Pantry
Hours	Tuesday 9 AM - 12 PM
Location	38 Boston Avenue, Medford, MA
Contact	781-488-5444
Website	<a href="https://www.saintraphaelparish.org/food-pantry">https://www.saintraphaelparish.org/food-pantry</a>
Serves	Medford
	Saint Raphael Food Pantry is located in the basement of the Rectory. Households accessing the food pantry receive assorted groceries (i.e.bread, fresh vegetables when available, frozen foods and other staples).

## Melrose

A Servant's Heart Food Pantry	
Type	Food Pantry
Hours	Friday 9:30 AM - 10:30 AM
Location	200 Franklin Street, Melrose, MA
Contact	781-662-8226
Website	<a href="https://faithchurchac.org/food-pantry/">https://faithchurchac.org/food-pantry/</a>
Serves	Melrose
Notes	Food Pantry entrance in the Parking Lot on the back of the building along Albion Street.

Faith Evangelical Church Community Meal	
Type	No-Cost Meals
Hours	3rd Friday 6 PM
Location	200 Franklin Street, Melrose, MA
Website	<a href="https://www.facebook.com/FaithChurchMelrose">https://www.facebook.com/FaithChurchMelrose</a>
Serves	No Residency Requirements
Notes	Melrose Community Dinners are run by A Servant's Heart Food Pantry & take place every 3rd Friday of the month. They are to serve neighbors, create community, and enjoy good food together. All are welcome!

First Baptist Church Little Free Pantry	
Type	Little Free Pantry
Hours	24/7
Location	561 Main Street, Melrose, MA
Contact	Terron <a href="mailto:terron@melrosefbc.org">terron@melrosefbc.org</a>
Website	<a href="https://mapping.littlefreepantry.org/pantry/2441">https://mapping.littlefreepantry.org/pantry/2441</a>
Serves	Melrose
Notes	Available 24/7, 365 days a year with shelf-stable items

### Gould Street Little Free Pantry

<b>Type</b>	Little Free Pantry
<b>Hours</b>	24/7
<b>Location</b>	4 Gould Street, Melrose, MA
<b>Contact</b>	Laura Lemmons <a href="mailto:lauralemmons@gmail.com">lauralemmons@gmail.com</a>
<b>Website</b>	<a href="https://mapping.littlefreepantry.org/pantry/2876">https://mapping.littlefreepantry.org/pantry/2876</a>
<b>Serves</b>	Melrose
<b>Notes</b>	Available 24/7, 365 days a year with shelf-stable items

### Melrose Community Freezer

<b>Type</b>	No-Cost Meals
<b>Hours</b>	Sunday 11:30 AM – 12:00 PM
<b>Location</b>	645 Main Street, Melrose, MA
<b>Website</b>	<a href="https://www.thefooddrive.org/community-freezer">https://www.thefooddrive.org/community-freezer</a>
<b>Serves</b>	No Residency Requirements
<b>Notes</b>	Free homemade frozen meals are available for all. No residency requirement or application.

### Pantry of Hope

<b>Type</b>	Food Pantry
<b>Hours</b>	Tuesday 3:00 PM – 5:00 PM
<b>Location</b>	Melrose First Baptist Church 561 Main Street, Melrose, MA
<b>Website</b>	<a href="https://www.melrosefbc.org/pantry-of-hope">https://www.melrosefbc.org/pantry-of-hope</a>
<b>Notes</b>	The Pantry of Hope requires each person or family to provide information including their name, address, phone number (optional), number of family members, who referred them, and what other needs they may have.

## Methuen

Citywide Methuen Cares Food Pantry	
<b>Type</b>	Food and Paper Products Pantry
<b>Hours</b>	Saturday, November 1, 7:00 AM – 12:00 PM Wednesday, November 5, 12:00 PM – 8:00 PM
<b>Location</b>	Methuen Senior Activity Center, 77 Lowell St, Methuen
<b>Contact</b>	(978) 983 - 8515
<b>Website</b>	<a href="https://www.methuen.gov/919/Methuen-Cares-Food-Pantry">https://www.methuen.gov/919/Methuen-Cares-Food-Pantry</a>
<b>Notes</b>	Methuen residence only.

## Middleton

Middleton Food Pantry	
<b>Type</b>	Food Pantry
<b>Hours</b>	Fridays, 11:30 AM – 1:00 PM
<b>Location</b>	38 Maple St Middleton
<b>Contact</b>	Colleen Moulison at <a href="mailto:cmoulison@middletonma.gov">cmoulison@middletonma.gov</a>
<b>Website</b>	<a href="https://www.middletonma.gov/176/Food-Pantry">https://www.middletonma.gov/176/Food-Pantry</a>
<b>Serves</b>	Middleton
<b>Notes</b>	Middleton residents only. Proof of Middleton residency is required



## North Andover

Take and Leave Food Bins	
Type	Community Pantry
Location	Town Hall - 120 Main Street, North Andover
Contact	(978) 688 - 9500
Website	<a href="https://www.facebook.com/northandoverma/">https://www.facebook.com/northandoverma/</a>
Notes	North Andover residents only

Take and Leave Food Bins	
Type	Community Pantry
Location	Senior Center - 481 Sutton Street, North Andover
Contact	(978) 688 - 9500
Website	<a href="https://www.facebook.com/northandoverma/">https://www.facebook.com/northandoverma/</a>
Notes	North Andover residents only

Take and Leave Food Bins	
Type	Community Pantry
Location	North Andover Historical Society - 800 Massachusetts Avenue, North Andover
Contact	(978) 688 - 9500
Website	<a href="https://www.facebook.com/northandoverma/">https://www.facebook.com/northandoverma/</a>
Notes	North Andover residents only

Take and Leave Food Bins	
Type	Community Pantry
Location	North Andover Police Department - 1475 Osgood Street, North Andover
Contact	(978) 688 - 9500
Website	<a href="https://www.facebook.com/northandoverma/">https://www.facebook.com/northandoverma/</a>

## Take and Leave Food Bins

<b>Notes</b>	North Andover residents only
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## The People's Pantry @ North Parish

<b>Type</b>	Food Pantry
<b>Hours</b>	2nd and 4th Tuesday each month 7:00 - 10:30 AM
<b>Location</b>	190 Academy Rd, North Andover
<b>Contact</b>	(978) 687 - 7948
<b>Website</b>	<a href="https://www.northparish.org/faith-in-action/in-the-larger-community/peoples-pantry/">https://www.northparish.org/faith-in-action/in-the-larger-community/peoples-pantry/</a>
<b>Notes</b>	Entrance at rear of church

## North Reading

North Reading Food Pantry	
<b>Type</b>	Food Pantry
<b>Hours</b>	Monday 9:30 AM – 11:00 AM, 1st & 3rd Monday 6:30 PM – 8:00 PM
<b>Location</b>	150 Haverhill Street, North Reading, MA
<b>Contact</b>	978-276-0400
<b>Website</b>	<a href="https://nrfoodpantry.org/">https://nrfoodpantry.org/</a>
<b>Serves</b>	North Reading
<b>Notes</b>	Clients can access food from the pantry 2 times per month (every other week). The food pantry provides both perishable and non-perishable foods.

## Peabody

Activation Church	
<b>Type</b>	Food Pantry
<b>Hours</b>	By appointment. Call for assistance with basic necessities.
<b>Location</b>	200 Corporate Place Peabody, MA
<b>Contact</b>	781-964-7247 <a href="mailto:peabody@theactivationchurch.com">peabody@theactivationchurch.com</a>
<b>Website</b>	<a href="https://www.cbcpeabody.org/loaf-and-ladle">https://www.cbcpeabody.org/loaf-and-ladle</a>
<b>Notes</b>	Our projects include the distribution of food, basic necessities, clothing, and shoes to families in crisis. If you need help, contact our team and schedule your appointment.

Calvary Baptist Church	
<b>Type</b>	Free Community Meals
<b>Hours</b>	Mondays and Wednesdays 4:30 - 6:00 PM
<b>Location</b>	4 Coolidge Road, Peabody
<b>Contact</b>	Pastor Andy at <a href="mailto:andykatzmire@cbcpeabody.org">andykatzmire@cbcpeabody.org</a>
<b>Website</b>	<a href="https://www.cbcpeabody.org/loaf-and-ladle">https://www.cbcpeabody.org/loaf-and-ladle</a>
<b>Notes</b>	CBC has partnered with Haven for Hunger to provide meals to those in need in the local Peabody area. We open our doors on Wednesdays at 4:30pm for anyone in need to sit, rest, and talk. We begin serving dinner at 5:30pm. We do our best to provide great meals, but above all, care for and serve the people that join us.

Citizens Inn Haven from Hunger	
<b>Type</b>	Food Pantry
<b>Hours</b>	Mon/Tues/Fri 10:30 AM - 12:30 PM Thursday 12:30 PM - 2:30 PM, 6:00 PM – 8:00 PM
<b>Location</b>	71 Wallis Street, Peabody, MA
<b>Contact</b>	978-531-1530 <a href="mailto:info@citizensinn.org">info@citizensinn.org</a>
<b>Website</b>	<a href="https://citizensinn.org/haven-from-hunger/">https://citizensinn.org/haven-from-hunger/</a>
<b>Serves</b>	Peabody, Salem, Lynnfield
<b>Notes</b>	First-time clients are required to fill out an application form for their household and bring a photo ID along with a recent piece of mail (dated within the last 30 days) to confirm residency in Peabody, Salem, or Lynnfield.

Haven from Hunger	
<b>Type</b>	Free Community Meals
<b>Hours</b>	Mon/Tues/Thurs/Fri 4:30 - 5:30 PM
<b>Location</b>	71 Wallis Street, Peabody
<b>Contact</b>	978-531-1530 or <a href="mailto:info@citizensinn.org">info@citizensinn.org</a>
<b>Website</b>	<a href="https://citizensinn.org/haven-from-hunger/">https://citizensinn.org/haven-from-hunger/</a>
<b>Serves</b>	Peabody, Salem, Lynnfield

St. Clare Mission	
<b>Type</b>	Free Community Meals
<b>Hours</b>	Saturdays 11:30 AM - 1:00 PM
<b>Location</b>	32 Ellsworth Road, Peabody, MA
<b>Contact</b>	(978) 804-2250
<b>Website</b>	<a href="https://stclarepeabody.org/st-clare-mission">https://stclarepeabody.org/st-clare-mission</a>
<b>Notes</b>	Our Saturday lunchtime program offers a safe place for unhoused and other vulnerable people to find shelter and companionship for a little while.

## Reading

Reading Food Pantry	
<b>Type</b>	Food Pantry
<b>Hours</b>	Monday 6:30 PM - 7:30 PM, Friday 10:30 AM - 11:30 AM
<b>Location</b>	6 Salem Street, Reading, MA
<b>Contact</b>	781-944-8486
<b>Website</b>	<a href="https://www.readingfoodpantry.org">https://www.readingfoodpantry.org</a>
<b>Serves</b>	Reading
<b>Notes</b>	<p>Any Reading resident or family in need can visit the Reading Food Pantry twice each month to receive groceries, household and personal care items.</p> <p>Households accessing the pantry are served via drive-thru. Volunteers bring order forms to neighbors' cars, fill their order inside the Pantry, and then bring the bags to neighbors.</p> <p>The pantry also provides deliveries to neighbors who are unable to travel.</p>

## Salem

The Salvation Army - Salem	
Type	Food Pantry
Hours	Tuesday 9:00 AM - 11 AM, Thursday 1:00 PM – 3:00 PM
Location	93 North Street, Salem, MA
Contact	978-744-5181
Website	<a href="https://easternusa.salvationarmy.org/massachusetts/north-shore/">https://easternusa.salvationarmy.org/massachusetts/north-shore/</a>
Serves	Beverly, Salem, Marblehead, Peabody
Notes	Bring proof of address in Beverly, Salem, Marblehead, or Peabody

Food for the World	
Type	Food Pantry
Hours	First and third Saturday of each month 10:00 AM – 12:00 PM
Location	8 North Street, Salem
Contact	(978) 683 – 9949 or <a href="mailto:foodfortheworld@hotmail.com">foodfortheworld@hotmail.com</a>
Website	<a href="http://www.foodfortheworld.org">www.foodfortheworld.org</a>

The Salem Pantry	
Type	Food Pantry
Hours	<p><b>The Market (main location at 47 Leavitt Street, Salem):</b>            Tuesdays 1:00 – 5:00 PM, Wednesdays 3:00 – 7:00 PM, Thursdays 11:00 AM – 3:00 PM, Fridays 11:00 AM – 3:00 PM, Saturdays 10:00 AM – 2:00 PM</p> <p><b>Pop Ups:</b></p> <ul style="list-style-type: none"> <li>- Mondays 3:30 PM - 4:30 PM at North Shore Physicians Group, 331 Highland Ave, Salem</li> <li>- Wednesdays 9:30 AM - 11:00 AM at Community Life Center 401 Bridge Street, Salem</li> <li>- 4<sup>th</sup> Tuesday of each month, 3:00 PM – 4:00 PM at Cook Street Park, 58 Cook Street Lynn, MA</li> </ul> <p><b>Home Delivery:</b> The Salem Pantry's Home Delivery program serves Salem residents who are unable to visit our locations. A referral from a doctor, nurse practitioner, or social services care provider is required.</p>
Location	47 Leavitt Street, Salem (Main Address)

The Salem Pantry	
Contact	(978) 552 - 3954 or <a href="mailto:info@thesalempantry.org">info@thesalempantry.org</a>
Website	<a href="https://www.thesalempantry.org/">https://www.thesalempantry.org/</a>
Notes	No income or residency requirements. All can be served. You just need to complete a registration form on your first visit. You can do this at the market or online at <a href="https://yourmarket.my.site.com/s/intake?language=en_US">https://yourmarket.my.site.com/s/intake?language=en_US</a> .



## Saugus

Saugus United Parish Food Pantry	
<b>Type</b>	Food Pantry
<b>Hours</b>	Friday 9:30 AM – 11:00 AM
<b>Location</b>	50 Essex Street, Saugus
<b>Contact</b>	(781) 233 - 2663
<b>Website</b>	<a href="https://cliftondalecc.org/saugus-united-parish-food-pantry">https://cliftondalecc.org/saugus-united-parish-food-pantry</a>
<b>Serves</b>	Saugus
<b>Notes</b>	The food pantry is open to residents of Saugus or those who attend the church from surrounding towns.

## Stoneham

First Church Food Pantry	
<b>Type</b>	Food Pantry
<b>Hours</b>	Thursday 9:30 AM - 12:30 PM by appointment
<b>Location</b>	1 Church Street, Stoneham, MA
<b>Contact</b>	781-438-0097
<b>Website</b>	<a href="https://www.firstchurchstonehampantry.org/">https://www.firstchurchstonehampantry.org/</a>
<b>Serves</b>	Stoneham
<b>Notes</b>	Fill out the registration form on the website prior to visiting and provide proof of Stoneham residency in the form of a recent utility bill, mortgage statement, rental agreement, medical bill, excise tax bill or insurance bill (government issued IDs cannot be accepted).

Pizza Mia Stoneham Lunches	
<b>Type</b>	No-Cost Meals
<b>Hours</b>	Daily 11:00 AM – 3:00 PM
<b>Location</b>	67 Franklin Street, Stoneham, MA
<b>Contact</b>	781-572-3300
<b>Website</b>	<a href="https://www.facebook.com/share/p/15KR3gWZvEN/">https://www.facebook.com/share/p/15KR3gWZvEN/</a>
<b>Serves</b>	Anyone with a SNAP card!
<b>Notes</b>	Free Boxed Lunch with a sandwich (turkey, ham, or italian), bag of chips, and a drink (can of soda or bottle of water), or 2 slices of cheese pizza and a soda. Offer is only available in-store for pick up. There are no questions asked, no purchase necessary, just need to show SNAP card.

## Stow

Guest Table Community Dinner at First Parish Church	
Type	Free Community Meals
Hours	Second Friday of each month. Doors open at 5:00 PM. Dinner served at 5:30 PM
Location	353 Great Road, Stow
Contact	<a href="mailto:fpcguesttable@fpc-stow-acton.org">fpcguesttable@fpc-stow-acton.org</a>
Website	<a href="https://www.fpc-stow-acton.org/article/november-guest-table-community-dinner">https://www.fpc-stow-acton.org/article/november-guest-table-community-dinner</a>
Serves	Central Middlesex area
Notes	Dinners are nut-free, with vegetarian, gluten-free, and dairy-free options. The facility is designed to be inclusive and accessible to people of all abilities, including wheelchair users.

Small Farm	
Type	Farm Stand
Hours	November - December Bi-weekly Fridays 12:00 - 5:00 PM. Saturdays 11:00 AM - 4:00 PM
Location	84 Gleasondale Road, Stow
Contact	<a href="mailto:Farmer@small-farm.com">Farmer@small-farm.com</a>
Website	<a href="https://small-farm.com/wp/farm-stand/">https://small-farm.com/wp/farm-stand/</a>
Serves	Central Middlesex area
Notes	Farm stand accepting cash, check, credit debit card, SNAP EBT, Massachusetts Farmers' Market Coupons and offer HIP benefits.

Stow Food Pantry	
Type	Drive-Up, Food and Household Item Pantry
Hours	Saturday, November 8 and Dec. 13 Sunday, November 9 and Dec. 14 Friday, November 21 and Dec. 19  *All times by appointment

Stow Food Pantry	
<b>Location</b>	Pompositticut Community Center, 509 Great Road, Stow
<b>Contact</b>	(978) 897-4230 for appointments or help <a href="mailto:stowfoodp@gmail.com">stowfoodp@gmail.com</a> for appointments or help
<b>Website</b>	<a href="http://stowfoodpantry.com/">http://stowfoodpantry.com/</a>
<b>Serves</b>	Stow, Maynard, Acton, Boxborough, Lancaster, Bolton
<b>Notes</b>	Appointments are required. COA vans are available from Stow to deliver or provide a ride to the pantry.

## Swampscott

Anchor Food Pantry	
<b>Type</b>	Food Pantry
<b>Hours</b>	Monday - 11:00 am - 1:00 pm Wednesday - 6:00 pm - 8:00 PM.  To register for a Senior Delivery: All Senior deliveries go out on Monday mornings, unless noted in calendar at link.
<b>Location</b>	86 Burrill St, Swampscott, MA
<b>Contact</b>	781-479-3080 <a href="mailto:theanchorfoodpantry@gmail.com">theanchorfoodpantry@gmail.com</a> <a href="mailto:anchorfooddelivery@gmail.com">anchorfooddelivery@gmail.com</a>
<b>Website</b>	<a href="https://www.anchorfoodpantry.org/">https://www.anchorfoodpantry.org/</a>
<b>Serves</b>	Swampscott, Nahant
<b>Notes</b>	First time visitors will be asked to show proof of Swampscott or Nahant residency and complete an intake form.

St. John the Evangelist Church	
<b>Type</b>	Food Pantry
<b>Hours</b>	Tuesday 11 AM - 12 PM Thursday 7 PM - 8 PM
<b>Location</b>	174 Humphrey St. Swampscott, MA
<b>Contact</b>	(781) 593-2544
<b>Website</b>	<a href="https://www.stjohnstthomas.com/st-vincent-de-paul-society">https://www.stjohnstthomas.com/st-vincent-de-paul-society</a>
<b>Serves</b>	Lynn, Swampscott, Nahant
<b>Notes</b>	The food pantry serves the Swampscott, Lynn, and Nahant communities. We also assist with utilities, heat, displacement, and rent payments as needed.

## Tewksbury

Tewksbury Food Pantry	
<b>Type</b>	Food Pantry
<b>Hours</b>	Sunday - Nov 8 & Dec 13 - 9:00 - 11:00 Monday - Nov 9 & Dec 14 7:00 PM - 8:00 PM Saturday - Nov 17 & Dec 19 10:00 AM - 11:00 AM
<b>Location</b>	999 Whipple Rd., Tewksbury
<b>Contact</b>	(978) 858-2273
<b>Website</b>	<a href="https://tewksburypantry.org/">https://tewksburypantry.org/</a>
<b>Notes</b>	All new clients must complete a short 2026 application form Thanksgiving Distribution - Sunday before Thanksgiving 11/22 from 10 AM - 12 PM

## Tyngsboro

St. Mary Magdalen Food Pantry	
<b>Type</b>	Food Pantry
<b>Hours</b>	Please Call for Monthly Schedule
<b>Location</b>	93 Lakeview Ave, Tyngsboro
<b>Contact</b>	(978) 844-2365
<b>Website</b>	<a href="https://rodmc.org/st-vincent-de-paul-society">https://rodmc.org/st-vincent-de-paul-society</a>

Tyngsborough Food Pantry	
<b>Type</b>	Food Pantry
<b>Hours</b>	Monday – Friday 8 AM – 4 PM
<b>Location</b>	169 Westford Road, Tyngsboro, MA
<b>Contact</b>	978-649-9211
<b>Website</b>	<a href="https://www.tyngsboroughma.gov/civicalerts.aspx?AID=263">https://www.tyngsboroughma.gov/civicalerts.aspx?AID=263</a>
<b>Notes</b>	<p>If you or someone you know needs food, please contact or visit the Center for Active Living at 169 Westford Road. The Council on Aging operates a completely no-questions-asked food pantry stocked with non-perishable items and available to any resident - regardless of age.</p> <p>If you require food assistance and cannot physically get to the Center for Active Living, please call 978-649-9211 and ask for the Director or the Outreach Worker. You may also qualify for meals on wheels or other benefits.</p>

## Wakefield

Emmanuel Episcopal Church Community Meal at Horizon House	
<b>Type</b>	No-Cost Meals
<b>Hours</b>	3rd Tuesday 5 PM-6 PM
<b>Location</b>	78 Water Street, Wakefield, MA
<b>Contact</b>	781-245-4272
<b>Website</b>	<a href="https://www.emmanuelwakefield.org/food-insecurity">https://www.emmanuelwakefield.org/food-insecurity</a>
<b>Serves</b>	No Residency Requirement(s)
<b>Notes</b>	All are welcome to join for a community meal, no registration/application requirements!

First Baptist Church of Wakefield Little Pantry	
<b>Type</b>	Little Pantry
<b>Hours</b>	24/7
<b>Location</b>	8 Lafayette Street, Wakefield, MA
<b>Website</b>	<a href="https://wakefieldfoodpantry.org/little-free-pantries-give-what-you-can-take-what-you-need/">https://wakefieldfoodpantry.org/little-free-pantries-give-what-you-can-take-what-you-need/</a>
<b>Serves</b>	Wakefield
<b>Notes</b>	The little free pantry is an outdoor weather-proof cupboard offering 24/7 access to shelf stable food items. The pantry is a community initiative with the Wakefield Food Pantry. It is located on Common Street.

First Parish Congregational Church Little Pantry	
<b>Type</b>	Little Pantry
<b>Hours</b>	24/7
<b>Location</b>	1 Church Street, Wakefield, MA
<b>Website</b>	<a href="https://wakefieldfoodpantry.org/little-free-pantries-give-what-you-can-take-what-you-need/">https://wakefieldfoodpantry.org/little-free-pantries-give-what-you-can-take-what-you-need/</a>
<b>Serves</b>	Wakefield



### First Parish Congregational Church Little Pantry

<b>Notes</b>	The little free pantry is an outdoor weather-proof cupboard offering 24/7 access to shelf stable food items. The pantry is a community initiative with the Wakefield Food Pantry. This little pantry is located on Lake Ave across from the gazebo.
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### Most Blessed Sacrament Community Meal

<b>Type</b>	No-Cost Meals
<b>Hours</b>	2nd Wednesday 5 PM-6 PM
<b>Location</b>	1155 Main Street, Wakefield, MA
<b>Contact</b>	781-486-4632
<b>Website</b>	<a href="https://mbsparishwakefield.com/community-dinners.html">https://mbsparishwakefield.com/community-dinners.html</a>
<b>Serves</b>	No Residency Requirement(s)
<b>Notes</b>	All are welcome to join for a community meal, no registration/application requirements!

### Most Blessed Sacrament Little Pantry

<b>Type</b>	Little Pantry
<b>Hours</b>	24/7
<b>Location</b>	8 Grove Street, Wakefield, MA
<b>Website</b>	<a href="https://wakefieldfoodpantry.org/little-free-pantries-give-what-you-can-take-what-you-need/">https://wakefieldfoodpantry.org/little-free-pantries-give-what-you-can-take-what-you-need/</a>
<b>Serves</b>	Wakefield
<b>Notes</b>	The little free pantry is an outdoor weather-proof cupboard offering 24/7 access to shelf stable food items. The pantry is a community initiative with the Wakefield Food Pantry. It is located in the back parking lot of the church.

### Private Residence, Little Food Pantry

<b>Type</b>	Little Pantry
<b>Hours</b>	24/7
<b>Location</b>	54 Spring Street, Wakefield, MA

### Private Residence, Little Food Pantry

<b>Website</b>	<a href="https://wakefieldfoodpantry.org/little-free-pantries-give-what-you-can-take-what-you-need/">https://wakefieldfoodpantry.org/little-free-pantries-give-what-you-can-take-what-you-need/</a>
<b>Serves</b>	Wakefield
<b>Notes</b>	The little free pantry is an outdoor weather-proof cupboard offering 24/7 access to shelf stable food items. The pantry is a community initiative with the Wakefield Food Pantry. This little pantry is located on Lake Ave across from the gazebo.

### Shepherd's Table Ministry

<b>Type</b>	No-Cost Meals
<b>Hours</b>	4th Monday 5 PM-6 PM
<b>Location</b>	8 Lafayette Street, Wakefield, MA
<b>Website</b>	<a href="https://www.fbcwakefield.org/about-4-1">https://www.fbcwakefield.org/about-4-1</a>
<b>Serves</b>	No Residency Requirement(s)
<b>Notes</b>	A hot community dinner, all are welcome!

### St. Joseph's Community Meal

<b>Type</b>	No-Cost Meals
<b>Hours</b>	1st Thursday 5 PM-5:30 PM
<b>Location</b>	173 Albion Street, Wakefield, MA
<b>Contact</b>	781-245-5770
<b>Website</b>	<a href="https://stjosephwakefield.org/st-joseph-table/">https://stjosephwakefield.org/st-joseph-table/</a>
<b>Serves</b>	No Residency Requirement(s)
<b>Notes</b>	<p>All are welcome to attend! Recipients may choose to grab and go or to dine in.</p> <p>You can enter the hall through the door with the awning or drive up, and volunteers will help you. Meals are served from 5:00 pm to 5:30 pm on a first-come first-serve basis. The hall closes at 6:00 pm. There is no residency requirement.</p>

### The Wakefield Lynnfield United Methodist Church Little Pantry

<b>Type</b>	Little Pantry
<b>Hours</b>	24/7
<b>Location</b>	273 Vernon Street, Wakefield, MA
<b>Website</b>	<a href="https://wakefieldfoodpantry.org/little-free-pantries-give-what-you-can-take-what-you-need/">https://wakefieldfoodpantry.org/little-free-pantries-give-what-you-can-take-what-you-need/</a>
<b>Serves</b>	Wakefield
<b>Notes</b>	The little free pantry is an outdoor weather-proof cupboard offering 24/7 access to shelf stable food items. The pantry is a community initiative with the Wakefield Food Pantry. It is located on the left side of the church.

### Wakefield Food Pantry

<b>Type</b>	Food Pantry
<b>Hours</b>	Tuesday 9 AM-1 PM
<b>Location</b>	467 Main Street, Wakefield, MA
<b>Contact</b>	781-245-2510
<b>Website</b>	<a href="http://wakefieldfoodpantry.org/">http://wakefieldfoodpantry.org/</a>
<b>Serves</b>	Wakefield
<b>Notes</b>	<p>The pantry is set up like a small grocery store and guests are able to freely choose which items they want.</p> <p>Wakefield residents can shop twice a month and receive a generous supply of groceries. Guests should bring proof of residency (e.g. utility bill or addressed mail).</p> <p>The pantry also welcomes anyone that works, worships or is referred by a local social service organization (including Communitas &amp; Metro North Area DDS). Bring the referral to the first visit.</p>

### Wakefield Town Hall Little Pantry

<b>Type</b>	Little Pantry
<b>Hours</b>	24/7
<b>Location</b>	1 Lafayette Street, Wakefield, MA

Wakefield Town Hall Little Pantry	
<b>Website</b>	<a href="https://wakefieldfoodpantry.org/little-free-pantries-give-what-you-can-take-what-you-need/">https://wakefieldfoodpantry.org/little-free-pantries-give-what-you-can-take-what-you-need/</a>
<b>Serves</b>	Wakefield
<b>Notes</b>	The little free pantry is an outdoor weather-proof cupboard offering 24/7 access to shelf stable food items. The pantry is a community initiative with the Wakefield Food Pantry.

## Westford

Westford Food Pantry	
<b>Type</b>	Food Pantry
<b>Hours</b>	<p>Wednesdays: 5:00 PM-7:30 PM Fridays: 8:30 AM-11:00 AM Westford residents may receive a full order of food once per week. Residents of other listed towns may receive a full order twice per month (every other week).</p> <p>2025 Closings: November 26 and 28 December 24, 26 and 31</p>
<b>Location</b>	20 Pleasant St., Westford, MA, Westford
<b>Contact</b>	(978) 501-3042
<b>Website</b>	<a href="https://westfordpantry.org/">https://westfordpantry.org/</a>
<b>Serves</b>	Westford, Chelmsford North Chelmsford, Lowell, Billerica North Billerica, Dracut, Groton, Littleton, and Tyngsborough

## Wilmington

Shushan Farm	
Type	Honor System Farmstand
Hours	Saturdays 10:00 AM - 7:00 PM Sundays 10:00 AM - 7:00 PM
Location	838 Boutwell Street, Wilmington
Contact	Facebook or Instagram @shushanfarm
Website	<a href="https://www.facebook.com/ShushanFarm">https://www.facebook.com/ShushanFarm</a> <a href="https://www.instagram.com/shushanfarm/">https://www.instagram.com/shushanfarm/</a>
Serves	Central Middlesex area
Notes	The bottom shelf of the Shushan Farm farmstand will now be a community food shelf, starting November 1st. Farmstand is stocked with homemade baked goods and other treats.

Wilmington Food Pantry	
Type	Food Pantry
Hours	Monday, November 24 4:30 PM-6:30 PM Wednesday, December 17 4:30 PM-6:30 PM Otherwise, 2nd and 4th Wednesday of the month 6:30 PM-7:30 PM
Location	Old South School House 142 Chestnut Street, Wilmington
Contact	Phone: (978) 658-7425 Email: <a href="mailto:wilmcf@verizon.net">wilmcf@verizon.net</a>
Website	<a href="http://www.wilmingtoncommunityfund.org/food-pantry.html">http://www.wilmingtoncommunityfund.org/food-pantry.html</a>
Serves	Wilmington
Notes	No appointment needed. Proof of residence and income information are required.

## Winchester

EnKa Pantry	
<b>Type</b>	Food Pantry
<b>Hours</b>	Sundays 8:30 AM - 2:30 PM Mondays 1:30 PM - 7:30 PM
<b>Location</b>	1037 Main Street, Winchester
<b>Contact</b>	Call or text: (781) 369-5844 Email: <a href="mailto:enkapantry@gmail.com">enkapantry@gmail.com</a>
<b>Website</b>	<a href="https://enkasociety.org/food-pantry-3/">https://enkasociety.org/food-pantry-3/</a>
<b>Serves</b>	Winchester
<b>Notes</b>	Appointments required and limited to one visit per month. Providing fresh, frozen and non-perishable food and personal care items to individuals and families living in Winchester who do not have adequate financial resources to meet basic needs. Transportation available upon request.

## Woburn

### Council of Social Concern, Neighbors Helping Neighbors Woburn Food Pantry

<b>Type</b>	Food Pantry
<b>Hours</b>	Tuesdays and Thursdays 9:30 AM-11:30 PM and 1:30 PM-3:00 PM Wednesday 6:00 PM-7:00 PM
<b>Location</b>	2 Merrimac Street, Woburn
<b>Contact</b>	Phone: (781) 935-6495 Email: <a href="mailto:paula@socialconcern.org">paula@socialconcern.org</a>
<b>Website</b>	<a href="https://www.socialconcern.org/services/interior-design/">https://www.socialconcern.org/services/interior-design/</a>
<b>Serves</b>	Woburn, Winchester
<b>Notes</b>	Appointments required and limited to one per month. Call or email to schedule.

### St. Vincent de Paul Food Pantry

<b>Type</b>	Food Pantry
<b>Hours</b>	Tuesdays 10:00 AM-12:00 PM Thursdays 6:00 PM-7:00 PM
<b>Location</b>	Lower level of the St. Charles Borromeo Church Parish Center 8 Summer Street, Woburn
<b>Contact</b>	Phone: (781) 404-5839 Email: <a href="mailto:svdpwoburn@gmail.com">svdpwoburn@gmail.com</a>
<b>Website</b>	<a href="https://svdpwoburn.org/need-help/svdp-food-pantry/">https://svdpwoburn.org/need-help/svdp-food-pantry/</a>
<b>Serves</b>	Woburn
<b>Notes</b>	Appointments required. The food pantry includes refrigerated, boxed and canned goods, as well as hygienic products and thrift store items.